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## THEY SHALL NOT GROW OLD

JENNIFER FRIESEN/FOR METRO

## Alta. facing grim future

**INDUSTRY**  
**NDP says oil projections are conservative**



**Ryan Tumilty**  
Metro | Edmonton

Canada's Parliamentary Budget Officer is painting a much bleaker picture for oil prices than the Alberta government, which could mean the province will be billions of dollars short in coming years.

In a report released Tuesday, the budget officer, who is tasked with giving independent financial analysis to parliament, estimates oil will reach \$59 U.S. per barrel by the end of 2020. The NDP are much more optimistic with the price reaching \$58 per barrel in 2016, \$67 per barrel in 2017 and \$78 per barrel by 2018.

Alberta's reliance on oil and gas revenue means the govern-

ment loses \$170 million for every dollar under that projected average. If the budget officer's numbers are correct, it would cost the government billions.

Wildrose finance critic Derek Fildesbrandt said the NDP is falling into a common trap.

"They do nothing to control spending and just pray for another oil boom to bail them out and get the budget back to balance," he said.

He said numbers like this could mean the government would continue to run deficits or have to increase taxes. "We will be running a 12th, 13th, or 14th consecutive deficit," he said.

The government's numbers are based on an average of several private sector forecasts from banks and industry experts. Marion Nader, spokesperson for finance minister Joe Ceci, said they were very cautious in their numbers.

"Our forecasts right now are quite conservative from the private forecasters," she said.

### Remembrance Day coverage **metroNEWS**

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# Graduating together

U OF C

**Daughters, mom earning same social work degrees**



**Jeremy Simes**  
For Metro | Calgary

Juanita Marshall still remembers when she was just about to throw her daughter's learning book out the window.

She and Natasha — who had a learning disability — were practising reading the words “land, sand, hand, and band” for 45 minutes, but Natasha just couldn't grasp the terms.

In fact, Natasha couldn't read until she was 12, but that hasn't stopped her, Juanita and her sister Sarah Jane — who've all felt the pains that come with chronic fatigue syndrome — to get their bachelor of social work degrees together from the University of Calgary.

The mom-and-daughter trio will be walking the stage Thursday and, for them, they couldn't be happier.

“I'm very excited and really happy,” Juanita said.

The Marshalls have always



**I'm getting to live the dream I wanted when I was little.**

Juanita Marshall



**The Marshalls — Sarah Jane, Natasha, and mom Juanita — will cross the University of Calgary stage together.** JEREMY SIMES/FOR METRO

been tightly knit — Juanita homeschooled her two daughters due to Natasha's learning disability and the trio's chronic fatigue syndrome.

Raising her kids in Lac La Biche — where the family currently lives — Juanita said it was always hard to see Natasha struggle with reading, though she was a brilliant kid.

“It was tough,” she said. “It was like, How can you have someone with so much personality and potential, yet she

can't read so all of those opportunities are shut?”

On top of that, she said the chronic fatigue syndrome — a medical condition of unknown cause, but which typically occurs after viral infection — hampered the entire family, particularly Sarah Jane.

“You're just always tired,” she said. “It's like you need extra sleep but you don't feel refreshed in the morning.”

It was so bad that Sarah Jane couldn't hold a book at times, Juanita added.

“That was the worst 11 years,” she said. “We didn't see anyone unless they came into the house.”

Things have improved since then — Natasha reads and the syndrome isn't as bad as it once was.

However, things still weren't exactly perfect — the family couldn't leave Lac La Biche to pursue social work due to their health.

But as it turns out, the University of Calgary's BSW Learning Circles program meant

they could take social work in their town, as long as they had a diploma in social work — which they did.

“When I heard of Learning Circles, I literally wept for joy,” Juanita said. “I'm getting to live a dream that I wanted when I was little.”

The trio all have their own reasons for pursuing social work, though they all intend to get their master's in the practice — if they're accepted — come 2017, when it'll be offered in Edmonton.

REGULATIONS

**Cabbies open to Uber deal**

**Brodie Thomas**  
Metro | Calgary

Some taxi drivers are pleased with the compromise on Uber being put forward by the body that regulates the taxi industry in the city.

At a Tuesday meeting, the Taxi and Limousine Advisory Committee discussed a number of options it could recommend to city council on how to regulate the popular ride-sharing service.

Mark Halat, manager of compliance with the City of Calgary's bylaw services, told reporters he thought there was unanimous support on the third of five options.

It would include licensing all Uber drivers with the city, as taxi drivers are required to do. Uber cars would also require regular inspections.

Taxis would maintain the exclusive right to operate at taxi stands.

“Option three is the equitable piece that we're looking for that allows legacy taxis to compete with TNCs (transportation network companies),” said Halat. “You'll see changes with rates, with plate distribution and the emphasis on managing a safe transportation network with competitiveness.”

Roger Richard, President of Associated Cab and Allied Limousine, said he welcomes competition, as long as the city is prepared to level the playing field.

“My preference is that the same rate applies on both sides.”

WITH FILES FROM HELEN PIKE/METRO

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RESIDENT SERVICES



# Police up patrols after break-ins

CRANSTON

## CPS reminds residents to lock car and garage doors



**Aaron Chatha**  
Metro | Calgary

Some Cranston residents have noticed an increase in crime in their neighbourhood: cars, garages and in some cases even houses are being broken into — and Calgary police are putting the word out on social media that they're increasing proactive patrols.

Carolyn Bridget Kennedy's car was broken into last year — and just last month thieves hit her husband's car.

"Obviously, it's very unsettling because you want to feel safe in your home," said Kennedy.

She said thieves only went for petty cash in both instances. Her prescription glasses and the GPS were left behind. Kennedy said police approached her about other break-ins, including one where allegedly some-



Some residents in Cranston have fallen victim to a recent rash of break-ins, and Calgary police are taking to social media to remind residents to lock up. AARON CHATHA/METRO

one entered a garage and stole a motorcycle.

"We have our lights on out-

side," she said. "Between mid-night and the early morning hours, it looks like something

is going on out on the street."

Tanya McKenzie, another resident of Cranston, said the area

is typically quiet, so the recent crimes have been a bit shocking. "My neighbour was broken

into, her window was smashed," she said.

Police have been posting a statement about increasing community patrols on Facebook community boards, including Cranston and Walden.

"While in a local community, officers are to conduct mobile patrols, looking for suspicious vehicles and persons," read a statement posted by Const. Mark Smith. "While at the same time, patrol units will check for open garage doors, and notify home owners of the insecurity, providing them with suitable crime prevention advice. Units will also check the areas for insecure vehicles at their discretion."

The statement continued, if any insecure vehicles are located, police will attempt to secure them and leave a Keep it Locked leaflet for the owner.

McKenzie hopes it will help to deter potential thieves.

"It's good that they're putting a presence out there," she said. "It might help to a point, but people still need to take care of their own stuff and lock up."

Police encourage residents to call 9-1-1 if they see a crime in progress, or the non-emergency line at (403) 266-1234.

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REMEMBRANCE DAY

# Nov. 11 awakens memories for veterans

**Jeremy Simes**  
For Metro | Calgary

Wednesday was an emotional day for Jim Ralph and Doug Morison.

Both men served in the Canadian army, and gathered among hundreds to commemorate Remembrance Day at the Military Museums Wednesday morning.

During the Second World

War, Morison flew Halifax Bomber planes over Germany mainly for bombing runs, and made 39 trips in total.

On his 23rd trip, a cannon shell from a fighter jet blew a six-foot hole through the aircraft, killing one of Morison's comrades.

"The hole was right in front of my knee," he said. "One of our engines was on fire, so we had to get home as best we could."

The crew landed the busted aircraft on a shorter runway in

Britain, Morison said, adding the soldier who died on that trip comes to mind every year.

"Today is out of respect for what (the soldiers) did, all of them," he said. "It wasn't nearly as tough for me as it was for the people who were killed."

Ralph, a former sergeant who was in the thick of Scud missiles exploding in Tel Aviv during the Gulf War, said the incident has left a stain on his memory.

"On TV, you don't see legs over there and arms over there,

and the blood and guts splattered all over the place, and a little boy and girl crying because mommy and daddy are dead," he said. "You don't see or smell that on TV. That smell will never leave my mind."

However, he said he's thankful for every day — it's men like Morison who've allowed for freedom to persist in Canada.

"It's guys like this that allow us to stand here, and go to work and drive on the streets, and have jobs and hospitals," he said.



Gathering pieces of fabric and holding them high above their heads, community members create a human poppy.

AARON CHATHA/METRO

## Expressing solidarity

DIVERSITY

### Ahmadiyya Muslim community honours vets

**Aaron Chatha**  
Metro | Calgary

The Ahmadiyya Muslim community celebrated Remembrance Day by making a giant, human poppy out of red and black fabric in the parking lot of the Baitun Nur Mosque — recognizing the sacrifice of Canada's veterans.

"We as Muslims believe we have to be faithful to the country where we live," said Sultan Mahmood, spokesperson. "A loyalty to the homeland is part of our faith. We, being Canadians, feel duty-bound to pay homage to our fallen soldiers and those who fought for us."

The community has been publicly honouring veterans on Remembrance Day for five years, but this is the first year they attempted the human poppy.

Mahmood said events like these can help fight misconceptions that minority communities

do not place as much value on events like Remembrance Day.

"The reason is, sometimes we do not really openly demonstrate," explained Mahmood. "So some people think, perhaps our community is not concerned about it. But I'm confident many minorities do have these sentiments, and they do appreciate the sacrifice given by our soldiers."

"In any society there could be misunderstandings, and I think we really need to work together to remove those misunderstandings."

Mahmood said he has been in Canada for 23 years, and has proudly worn a poppy on his chest.

The community also took part in the poppy campaign and took donations for the veterans' food drive.

Ric McIvor, interim leader of the Alberta Progressive Conservatives, said the event was a great opportunity to set the record straight.

"What's important is the Ahmadiyya Muslim community wanted to publicly express their support for Canada, and more specifically for Canada's men and women who serve to keep this country free and the veterans who served," he said. "This, to me, is a public expression of solidarity with Canada."

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# LEST WE FORGET

Thousands of Calgarians honour veterans in 2015 Remembrance Day ceremonies. From dawn until dusk, Calgarians wore poppies and participated in services across the city

AARON CHATHA METRO, JEREMY SIMES METRO & JENNIFER FRIESEN FOR METRO



Rachel Dziver, Petty Officer with the Royal Canadian Navy, leads veterans in a march after the annual service drew thousands.

JENNIFER FRIESEN/FOR METRO



Master Corporal Cyrus Thunderchild, a member of the King's Own Calgary Regiment, bows his head during the service at Signal Hill on Wednesday. The Remembrance Day service marked 100 years since troops were first deployed from the spot.

JENNIFER FRIESEN/FOR METRO



In honour of the Lakota Sioux heritage of her great uncle, Cheryl Ptak burns a smudge stick at the cross left in his name.

JENNIFER FRIESEN/FOR METRO



Members of Calgary's Ahmadiyya Muslim community gathered to create a giant, human poppy.

AARON CHATHA / METRO



Members of the Canadian Armed Forces and the Royal Canadian Army Cadets stand at Battalion Park.

JENNIFER FRIESEN/FOR METRO



Capt. Tara Sawchuk led soldiers during the Remembrance Day ceremony at the Military Museums.

JEREMY SIMES/FOR METRO



A wreath is placed beneath a monument commemorating Battalion Park.

JENNIFER FRIESEN/FOR METRO

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## PETTY CRIME

# Poppy box thief strikes on Remembrance Day

**Brodie Thomas**  
Metro | Calgary

The man in charge of the Calgary poppy campaign said the theft of two poppy boxes on Remembrance Day cost the program about \$400.

"That \$400 represents a food hamper and gift cards for a veteran or for a needy family," said Joey Blevis, CEO of the Calgary Poppy Fund. "I find it very frus-

trating that on Remembrance Day somebody would have the gall and audacity to take it."

Calgary Police Service are seeking a woman who swiped two poppy boxes from two North-east gas stations on Wednesday morning.

Around 9:40 a.m., a woman entered the Shell and Petro Canada gas stations in the 4800 Block of Centre Street NE, and took poppy boxes from each of the stores.

The woman is described as a



**I think whoever is taking it has some severe social problems.**

Joey Blevis

white female in her 30s, skinny, wearing a brown jacket with a fur-lined hood.

She had black sunglasses, was

wearing black gloves and carrying a brown bag according to police.

There have been numerous thefts of poppy boxes from stores since the campaign began in late October. Blevis said the number seems to be on par with the past few years.

"I think whoever is taking it has some severe social problems — whether drug or alcohol — but they shouldn't taking it from their veterans," said Blevis.



Kirsten Evenden, executive director of the Loughheed House, stands in the exhibit. JENNIFER FRIESENS/FOR METRO

## Exhibit tells the stories of war women

## LOUGHEED HOUSE

**Group of veterans often overlooked, says director**



**Jennifer Friesen**  
For Metro

As switchboard operators, cipher decoders and mechanics, approximately 21,000 Canadian women joined the Canadian Armed Forces for the first time during the Second World War. A new exhibit at the Loughheed House is now showcasing the history of these women — a group of veterans that executive director of the Loughheed House, Kirsten Evenden, says are sometimes overlooked.

"Women's history hasn't always been as articulated as men's history," she said. "So people are immediately intrigued by the story, because it's not a regular part of the story that we know."

For the exhibition, they collected uniforms, artifacts and stories from women who once

stayed in the barracks.

"A lot of the women stationed here tell stories of wanting new opportunities," said Evenden. "Some were coming off the farm, some of them wanted a professional job.... But it was considered a little controversial because some people thought they should be at home to keep the domestic fires burning."

Evenden added that the exhibition is a way to honour those women, not just in their service, but "for paving the way for opportunities in the workforce for women."

"That's something I'm very grateful for," she said. "With the backdrop of this catastrophe and this war, it would be a moment that would provide an opportunity for these young women to step up and articulate what they can do for their community."

### + HISTORY

The Loughheed House served as the Canadian Women's Army Corps (CWAC) barracks from 1942 to 1946.

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# Shining light on Burundi

## AWARENESS

### Organizers of march fear genocide in African nation



**Aaron Chatha**  
Metro | Calgary

Burundi-Calgarians are asking Canada to step in before a Rwanda-like genocide occurs in their ancestral nation.

A march has been organized this Saturday to draw attention to the situation.

"I can sit and not say anything and half of my family in Burundi will be killed, and then we will move on as we always do," said Alain Nibayubahe, organizer of the march.

"Or, we can do something about it. We need to protest. We have the freedom to do so in this country. I'm Burundi-Canadian, but I can't just let it happen and do nothing. To bring the awareness to the world, so people know there's a genocide



Burundians carry belongings as they flee the capital, Bujumbura, Saturday. THE ASSOCIATED PRESS

in the plans, as we speak."

Burundi, which shares a border with Rwanda, has been the centre of a number of executions, according to United Nations security officials. Nibayubahe said, at the heart of the

matter, is a controversial decision by the current President Pierre Nkurunziza to stay in office for a third term. Nibayubahe said the constitution

imposes a two-term maximum for presidents.

It's been reported that the UN is making plans to send peace-keepers into the country, to intervene in the politically

**"I can sit and not say anything and half of my family in Burundi will be killed ... or, we can do something about it."**

Alain Nibayubahe

motivated attacks.

"Before they were killing one or two a night. Now it's 40, it's 50. In one night," said Nibayubahe. "We have over 300,000 refugees in Rwanda, Congo and Tanzania. Instead of the Canadian government giving money to the country of Burundi, redirect that aid to the ones in, say, Rwanda, as humanitarian aid."

The country has seen violence before — a 2005 peace accord ended a 12-year civil war between the country's Hutu majority and Tutsi minority. In that conflict 300,000 died.

The march begins at 1 p.m. on Nov. 14 at Eau Claire and will end at City Hall.

## INVESTMENT

### Artists, businesses urged to team up on spaces

The Calgary Chamber of Commerce and Calgary Arts Development (CADA) are teaming up to connect businesses and artists, as part of an initiative to see artists use empty office spaces.

"In these challenging times, companies may find themselves with a surplus of office or business space on their hands," chamber president-CEO Adam Legge said in a release.

"We'd like to encourage the business community to turn it into an opportunity to invest in Calgary's cultural future while looking at offsetting some of their expenses."

Once businesses show they have spaces available, the program — kick-started by Poet Laureate Derek Beaulieu — allows CADA to match artists or organizations with those businesses.

Businesses that participate could be eligible for tax benefits by supporting the arts while collecting some nominal rents. METRO

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# U of C offering to help Syrian refugees

## EDUCATION

### University looks at ways to broaden its support



**Jeremy Simes**  
For Metro | Calgary

The University of Calgary is

gearing up to provide support for Syrian refugees, though administration couldn't provide the final details of the proposal.

"In terms of the broader refugee crisis in Europe, the scale is huge, and the university is currently looking at a number of options to broaden our support in the first instance of refugees from Syria," said Susan Barker, vice-provost of student experience at the U of C's Student Enrolment Ser-

vices, in an emailed statement.

"With the federal government's intention of bringing in 25,000 Syrian refugees into Canada by the end of the year, we want to be in a position to offer assistance and support," she said, adding further details will be shared when confirmed.

Sarah Pousette, vice-president of operations and finance with the Students' Union (SU) at the university, said she met with adminis-

tration last week to renew an agreement that ensures the U of C funds a portion of SU's refugee program.

The program allows for two refugee students to study at the university and is primarily funded by SU fees. Students contributed about \$108,000 last year or \$5 per student.

The U of C contributed about \$32,000, which covers refugees' tuition and other expenses for their first year of study.

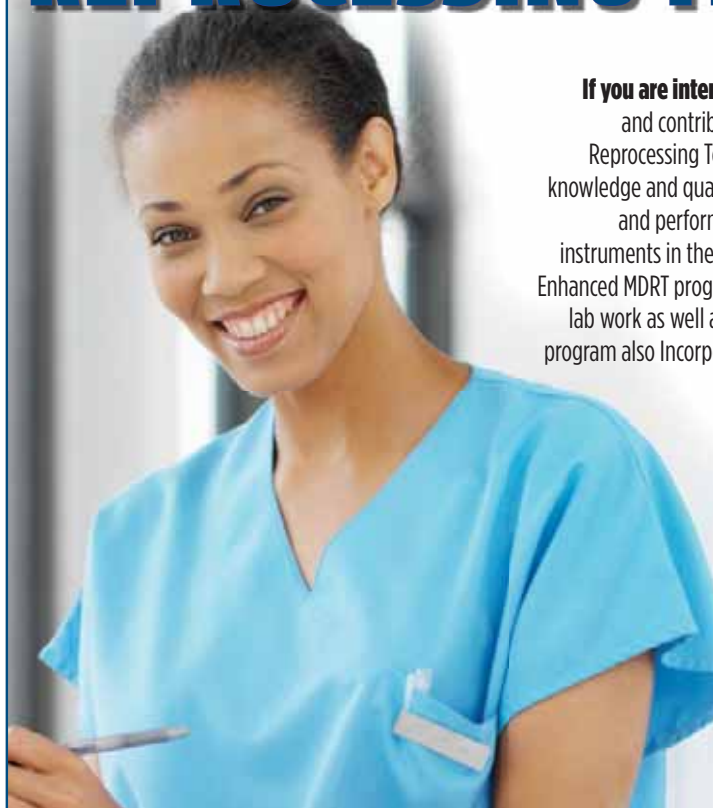


The University of Calgary says it is committed to helping Syrian refugees, although it's not saying how yet. METRO FILE

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## LAKE LOUISE

### RCMP searching for missing man

RCMP are looking for the public's help in locating a man last seen leaving Lake Louise.

Gerald Jones, 51 years old, was last seen when he left for Banff from the Saskatchewan River Crossing Resort near Lake Louise on Oct. 12.

RCMP said Jones was seasonally employed at the resort and was expected to travel to Montreal by Greyhound Bus on Oct. 14.

No one has seen or heard from Jones since, and RCMP

do not know whether he boarded the Greyhound bus as planned.

Jones is described as white with a fair complexion, five-foot-eight, 165 pounds with brown eyes and brown, curly hair.

Anyone with information on Jones' whereabouts is asked to contact the Lake Louise RCMP at 403-522-3812 or Crime Stoppers at 1-800-222-TIPS (8477).

METRO



Gerald Jones has been missing since Oct. 12. CONTRIBUTED

## DEMOLITION

### Plan to knock down houses damaged by flood on hold

The province of Alberta, which bought up 17 homes along the Elbow River that were damaged by 2013's flooding, is now holding off on knocking them down as the new NDP government is reconsidering what to do with them.

The former Tory government paid \$49 million for the homes in southwest Calgary with the original intention of demolishing them because of flood risk.

However, now that the Springbank Reservoir has been approved, the NDP government is wondering

whether knocking down the homes still makes sense.

Calgary Mayor Naheed Nenshi says he originally proposed the idea of re-development to the province.

He says some of the land might be able to be re-developed and the homes may be able to be put back on the market.

He also says some of the houses may be exactly where berms are needed.

Infrastructure Minister Brian Mason says there is no timeline on when the issue will be resolved.

THE CANADIAN PRESS



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# Air ambulance pioneer honoured

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## Helipad named after doctor and pilot who started STARS



**Lucie Edwardson**  
Metro | Calgary

For someone who has a great love of medicine, coupled with a love of aviation, Dr. Gregory Powell said there is no greater honour than the one bestowed upon him Tuesday.

The 35-year-emergency medicine veteran — who founded STARS air ambulance three decades ago — was celebrated Tuesday at the Foothills Medical Centre as the namesake of their new rooftop helipad.

"Greg has built STARS into one of the most recognized air ambulance services in the world," said Andrea Robertson, president of STARS.

"Greg has been noted as one of Canada's most important individual leaders, and his passion and vision for improving the care for critically ill and

injured has been internationally recognized."

Robertson said Powell's vision for STARS air ambulance began in the early 1980s out of a simple desire to solve the problem of increasing numbers of trauma-related deaths in Alberta.

"He wanted to solve that problem and thought, maybe a sophisticated transport medical system and a pretty awesome team in the back of that helicopter might just be that solution," she said.

Dr. Jon Meddings, dean of the University of Calgary's Cumming School of Medicine, said it was his personal pleasure to recognize a friend and colleague.

"Greg, you attracted some amazing physicians from around the world, who came to join us in Calgary, and the important thing is that it's people, it's always people that make us better, and you had an eye for great people," said Med-

dings. "They came here because of you, and because actually of the vision that you had."

Alberta health minister, Sarah Hoffman said Powell's legacy would live on forever, but not only through the newly minted helipad.

“

**You attracted some amazing physicians from around the world, who came to join us in Calgary.**

Dr. Jon Meddings

tions have provided an immense service to thousands of Albertans."

Powell, who has previously been honoured with the Order of Canada and the Diamond Jubilee medal, said he was very honoured by the "out of the blue" tribute, and said the number of people who kept the secret surprised him.



**Dr. Gregory Powell, founder of STARS air ambulance, stands on the helipad officially named in his honour this week.** LUCIE EDWARDSON/METRO

"The most amazing thing about that is I really was the last one to know," he said.

"They told me not too many

days ago that an email had gone out to 145 emergency physicians some time ago.

"Well, I'm here to tell you

that some people can keep a secret, because this was right out of the blue. What a wonderful opportunity."

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## GAMBLING

## NDP still studying online gaming sites



**Ryan Tumilty**  
Metro | Edmonton

The provincial government isn't ready to roll the dice on online gambling quite yet, as the NDP is continuing to study the issue.

Earlier this year, the Alberta Gaming and Liquor Commission, (AGLC) asked prospective providers to give out informa-

tion on what an online gambling site could look like.

Although several other provinces have online gambling sites, Alberta does not have a legal online gambling site. The AGLC estimates that somewhere between \$120 million and \$150 million is spent every year by Albertans on so-called grey-market sites.

Marion Nader, a spokesperson for Finance Minister Joe Ceci, said the government is

**“The government ... will be making the decision in short order.”**

Marion Nader

still considering the options and isn't ready to make a decision.

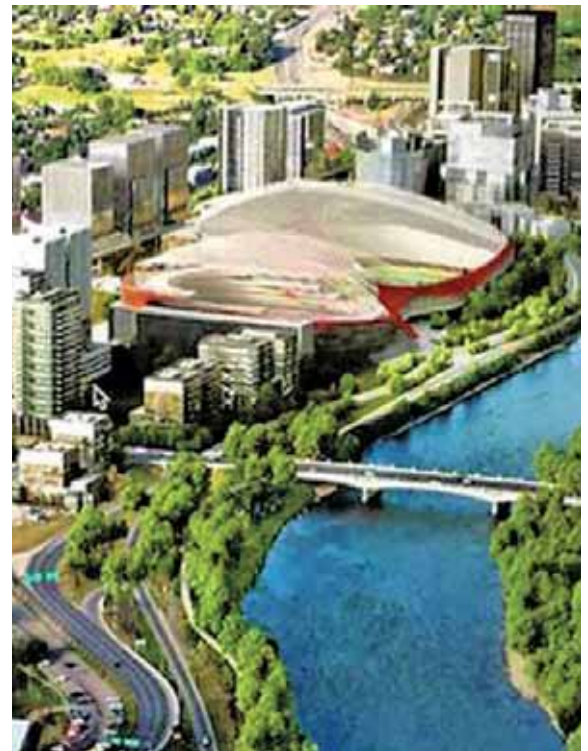
“The government is still reviewing the file and will be

making the decision in short order,” she said.

“We're just getting all the information needed (to) see what's in the best interests of Alberta.”

Approximately \$1.5 billion currently flows to the Alberta government every year from overall gaming revenues.

British Columbia brought in \$91 million through its online gaming website last year, according to an annual report from B.C.'s lottery corporation.



The owners of the Flames are proposing to build a stadium in the West Village to replace the Saddledome. METRO/CONTRIBUTED

## Downtown project gets guidelines

## COUNCIL

### Public benefit emphasized in rules for CalgaryNEXT



**Helen Pike**  
Metro | Calgary

Calgary's councillors have agreed on a set of guiding principles to address the CalgaryNEXT project as it moves forward.

Council voted on the package prepared by the mayor's office Tuesday in attempts to be proactive about a major project happening on city land — one not spearheaded by the city but by a private corporation.

The CalgaryNEXT project is a proposed arena, stadium and fieldhouse in one super-complex initiated by the Calgary Sports and Entertainment Corporation (CSEC), which owns the NHL's Calgary Flames and the CFL's Calgary Stampeders. The proposed site falls in the West Village where the Calgary Municipal Land Corporation is currently embarking on an

environmental testing project in order to determine the cost of cleaning up the creosote contaminants left behind by a now-defunct polluter.

The principles state that:

1. Public money must be used for public benefit.

2. There must be extensive stakeholder consultation, public engagement and open and transparent communications with Calgarians regarding the CalgaryNEXT proposal.

3. West Village must be designed and developed as a vibrant mixed-use neighbourhood.

4. Any new fieldhouse must meet the needs of key stakeholders — including but not limited to the University of Calgary, amateur sports groups and the general public.

5. Any new arena-stadium/event facility located within or near Calgary's city centre must complement the existing amenities of the city centre, and contribute to its long-term vibrancy and appeal.

6. The cost for remediating contamination of the West Village site should be the responsibility of the polluter(s) to the extent that such recovery is legally possible.

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Addictions expert **Leslie Cleary** said the government needs to quickly invest in more addiction treatment beds to deal with the fentanyl crisis. KEVIN TUONG/FOR METRO

## An addiction that 'takes over your life'

### CRISIS

### Expert calls for more beds to treat youths on fentanyl



**Tim  
Querengesser**  
Metro | Edmonton

Albertans younger than 25 are dying from fentanyl, and the quickest way to stop that, says Leslie Cleary, is simple.

It's beds.

Cleary, who runs Clean Scene Network for Youth, an addictions treatment agency, said the Notley government has to invest more money in treatment beds to combat a health crisis, she said, which is "on par with Ebola."

The government has \$26 million invested in treatment beds over the next five years. That number is down from the \$39 million allocated under the PCs, but the NDP insist they

are not cancelling any planned projects. Instead the government is taking unallocated money and looking at ways it could be spent, including possibly more treatment beds.

Cleary said the government can't waste any time.

"We have a situation where we don't have time," Cleary said, noting the majority of her clients are youth fentanyl addicts at high risk of overdosing, because fentanyl is 50 times more powerful than heroin.

She said despite that overdose risk, addicts are waiting for months. "We have a waiting time of 30 to 90 days," she said. By the time a bed opens up, Cleary said, bluntly, "the youngster won't be alive."

She said parents are under strain as well, because keeping a child who's hooked on fentanyl alive requires 24/7 attention and "takes over your life."

Laws currently require prescriptions for access to naloxone, the antidote to stop an

### + SAVING LIVES

Leslie Cleary is adamant beds will save the most lives.

"What we need is to take what we know already works and make sure Albertans can access it," she said of treatment facilities. "That's the role of government. Too many kids have died."

overdose, which Cleary said is another barrier.

"Users of this drug are not going to go to a location to admit, first of all, that they're an addict, to get the life-saving antidote," Cleary said. "It needs to be available to anyone."

Liberal MLA David Swann agrees.

"That is a policy decision that could be overturned very quickly if the minister came to that conclusion," he said of naloxone prescriptions. "You're saving a life with that stuff."

### INTERNET

## City unveils ePermit system

The City of Calgary has rolled out a new system that allows people to pay for and manage their building permits online.

Officials say the online system is unique in Canada because it has a single interface for applications, payments and inspection processing.

The city began the rollout of its ePermit service in 2013, and since then 75 per cent of building permit applications come in electronically.

The addition of the inspection



**ePermit users save  
a lot of time and  
effort.**

Mike van Ham

processing options — which came online Tuesday — means people can now avoid the hassle of travelling downtown and standing in line to complete the process.

"Enabling inspection services and options to ePermit users online is a big win for them, since they can access the system without having to make a phone call to book, reschedule or cancel an inspection," said Mike van Ham, co-ordinator for applications and inquiries for the city's planning, development and assessment department.

"ePermit users save a lot of time and effort, while other 311 callers benefit with reductions in wait times." METRO STAFF





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**HANS ACROSS THE WATER**  
**CANADIAN-DANISH DETENTE**

For years, Canada and Denmark have each claimed sovereignty of Hans Island off Greenland.

Like the crew of Danish warship Vedderen, shown here, each country periodically visits to remove the other's flag and put up their own.

The friendly rivalry could turn into friendly co-ownership. On Thursday, Michael Byers, a University of British Columbia international law professor and a Danish colleague are to present a proposal suggesting that Canada and Denmark share sovereignty over the 1.2-square-kilometre rock.

"The new (Canadian) federal government might see this as a way to signal a change in approach," said Byers from Denmark.

THE CANADIAN PRESS/  
THE ASSOCIATED PRESS



# Canadian couple found dead at Mexican resort

**INVESTIGATION**

## Pair were there for daughter's wedding

A Canadian couple who had travelled to Mexico to attend their daughter's wedding has been found dead at a hotel near the resort city of Playa del Carmen.

A family member said Charles Mackenzie and his wife, Dorothy Mackenzie, both from Baddeck, N.S., were found dead on Monday.

Charles Mackenzie's brother-

in-law Douglas Hastings said family members currently in Mexico for the wedding were dealing with their deaths.

"I know that they're more concerned about the remains and cremation and things like that. I don't really know about the wedding," said Hastings, whose wife was also in Mexico.

An official from the prosecutor's office in the Mexican state of Quintana Roo said the couple's bodies were found in a whirlpool spa and showed no signs of violence.

The official, who wouldn't give her name as she said she wasn't authorized to speak

publicly about the case, said autopsies have indicated that Charles Mackenzie died of a heart attack and his wife died of asphyxia by submersion.

She said the deaths appeared to be accidental and linked, suggesting the man's heart attack may have somehow caused the woman to drown.

A spokesman for the Playacar Palace hotel, where the couple was staying, said the deaths are still under in-

vestigation.

David Rubeo dismissed earlier media reports that suggested the couple had been electrocuted in the hot tub of their room.

"The room was perfectly fine. All the equipment was working perfectly," he said.

"What the family mentioned was a heart attack."

Rubeo said the couple's family was still staying at the hotel and was being assisted by hotel staff.



## What the family mentioned was a heart attack.

David Rubeo

"We are treating them as our own family," he said, noting that staff were helping the Canadians deal with local authorities.

"All the group is very calm, in the best way they can be."

A spokesman with the Department of Foreign Affairs confirmed the deaths of two Canadians and said consular officials were helping the couple's family and friends.

"Canadian consular officials in Playa del Carmen, Mexico are in contact with local authorities to gather additional information," said Francois Lasalle. THE CANADIAN PRESS

**CYCLING**

## Women safely in slow lane



**Luke Simcoe**  
Metro | Toronto

Hazel Anderson is used to being passed by "fast men in Lycra" when cycling in Toronto.

"I'm a proud slow cyclist," the British expat says.

She's not surprised by a new study showing women are safer cyclists than men.

Researchers at the University of Toronto and University of British Columbia published the study in the medical journal BMJ. They found male cyclists three times more likely to wind up in hospital than female counterparts.

The researchers analyzed 3,690 hospital visits by cyclists in Canada from 2006 to 2011, studying variables like age, mode share and helmet laws. More than 75 per cent of cyclists hospitalized in that time were men.

"For all injury causes, sex was the only significant explanatory variable," write the authors, attributing the results to female cyclists' "lower propensity for risk-taking," and noting women are more likely to ride slowly or stick to separated bike lanes.

Similar studies have examined driving habits and found lower injury and fatality rates among women drivers.



**Hazel Anderson**  
LUKE SIMCOE/METRO

**CIVIL LIBERTIES**

## RCMP planned to trail journalist

A Canadian journalist expressed dismay Tuesday after learning the RCMP were planning to shadow him in hopes he'd lead them to the person who leaked secret information on a suspected terrorist.

The proposed surveillance was part of an investigation into the leak of a sensitive spy-agency document about Adil Charkaoui to Montreal's La Presse newspaper.

"We live in a democratic country. Freedom of the press is a guaranteed freedom," La Presse reporter Joel-Denis Bellavance said from Ottawa.

Information about the surveillance is in classified RCMP documents that a Federal Court ordered disclosed as part of a lawsuit filed by Abfousian Abdelrazik, another man the government once branded a terrorist and who was also subject of a damaging leak.

In early August 2011, La Presse ran a story based on a pair of leaked CSIS documents that disclosed Abdelrazik had apparently been in on a conversation with the Moroccan-born Charkaoui about hijacking and blowing up an Air France plane from Montreal to Paris.

Within days, CSIS concluded the leak came from the Privy Council Office. RCMP began investigating in mid-August 2011.

Abdelrazik's suit claims the government deliberately leaked unsubstantiated allegations to convince the public that he was indeed a terrorist.

Meanwhile, CSIS wanted to find Charkaoui and contacted the Mounties to trail Bellavance to see if he would lead to Charkaoui. It is not clear if the RCMP ever did trail Bellavance.

"The fact that they wanted to do it is still troublesome," Bellavance said. THE CANADIAN PRESS

**ASSISTED SUICIDE**

## Date for laws likely extended

Ontario and British Columbia are ready for the federal government to request more time to respond to the Supreme Court of Canada's landmark decision on doctor-assisted death.

Justice Minister Jody Wilson-Raybould has acknowledged this is a possibility.

B.C. Health Minister Terry Lake says his province would work with the federal Liberals over an extended period to give the matter the thought it deserves.

"I think that it is a very short time frame without an extension," Lake said in an interview.

Last February, the Supreme Court recognized the right of clearly consenting adults who endure intolerable physical or mental suffering to end their lives with a physician's help.

It gave Parliament a year to craft laws to govern assisted suicide. Ontario Health Minister Eric Hoskins said his province would understand if the federal government seeks an extension.

"It's really up to them to be sure that they can implement any changes required prior to the deadline," he said.

Ontario is leading a provincial and territorial advisory group on

## **+** BACKGROUND

### Dying with Dignity

Dying with Dignity Canada urges Ottawa not to ask the high court for more time. The group argues that patients across the country are living in a "cruel limbo" as they suffer and wait for their rights to be recognized.

the future of physician-assisted death in Canada.

THE CANADIAN PRESS



## PHILANTHROPY

# App to help feed Syrian children



**Gilbert Ngabo**  
Metro | Toronto

There's now an app for helping Syrian refugees.

The World Food Program launched ShareTheMeal, a mobile app that aims to help smartphone users around the world contribute to efforts of feeding Syrian schoolchildren in Jordan.

"WFP is currently struggling to get enough help for Syrians," said Julie Marshall, the Canadian spokeswoman for the organization.

"This innovative idea will make it a lot easier for people to donate, and will help us reach a different demographic of donors."

The organization is helping about four million people access food inside Syria each month, as well as over a million refugees in neighbouring countries, she said.

The potential for using the app to donate is huge. In a ShareTheMeal test conducted recently in Germany, Australia and Switzerland, more than 120,000 mobile users provided nearly two million meals for schoolchildren in Lesotho, a southern African country.

WFP provides food assistance to nearly 20,000 school-aged Syrian children inside Jordan. As

## IMMIGRATION

### Liberals to meet to contemplate refugee plan

The Liberal cabinet will meet Thursday to consider a plan to bring in 25,000 Syrian refugees by the end of the year.

Details about how the new government intends to make good on its campaign pledge have been closely guarded since a special cabinet committee agreed on a strategy earlier this week.

Immigration Minister John McCallum has said repeatedly that all options were on the table — including military transport, temporary housing on military bases, commercial air travel, and transport by boat. TORSTAR NEWS SERVICE

the crisis continues and funding becomes critical, the organization hopes ShareTheMeal becomes a new way for sourcing funds, said Marshall.

"The app will remind people how lucky they are, and hopefully make them help other people around the world," she said.

The app will be available for free on iOS and Android starting Thursday morning.



A sign warns to avoid contact with St. Lawrence River water in Montreal on Wednesday. PAUL CHIASSON/THE CANADIAN PRESS

## MONTREAL

# Sewage disposal in river going to plan

There have been no hiccups so far as the City of Montreal started the controversial process of dumping eight billion litres of raw sewage into the St. Lawrence River, Mayor Denis Coderre said Wednesday.

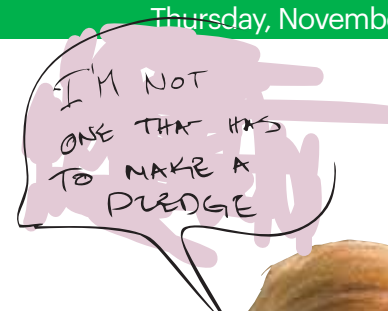
Coderre said everything was proceeding as planned and the infrastructure repair work that necessitated the discharge would begin soon.

At 12:01 a.m. Wednesday, certain sewers began diverting untreated sewage away from an aging interceptor and directly

into the river, which will continue for about a week.

The release of untreated waste water is necessary in order to complete repairs on an aging interceptor tunnel that feeds sewage to a treatment facility as well as to relocate a snow chute.

"We are protecting our river and it's better to have (the discharge) planned than just to react to a (break or rupture) where we might have even more waste water," Coderre said. THE CANADIAN PRESS



A Justin Trudeau-like vow for an equal number of men and women in U.S. cabinet? No thanks, says Donald Trump.

PHOTO ILLUSTRATION: ANDRES PLANA/METRO

# Parity, schmarity: Trump pans pledge

## POLITICS

## Merit over gender balance, says billionaire

Critics of Justin Trudeau's guarantee of a gender-equal cabinet have found a famous ally south of the border: Donald Trump.

The billionaire politician was asked Wednesday in an interview about imitating the new Canadian prime minister's half-male, half-female cabinet — and he said no.

MSNBC interviewer Mika

Brzezinski brought up Trudeau's stated rationale for the move — "because it's 2015" — and she asked the Republican nomination contender whether he'd follow suit.

Trump replied he has many, many women working for his companies. Perhaps even more than 50 per cent, he said. But he said he'd make cabinet appointments based exclusively on merit, not quotas.

"I'm not one that has to make a pledge," Trump said. "I wouldn't want that. Because I will tell you: I want the best person at each position ... I'm going to get the best people

**"I'm going to get the best people for the job."**

U.S. presidential hopeful Donald Trump

for the job."

He mentioned, for example, billionaire investor Carl Icahn who has endorsed Trump and is apparently already lined up for a cabinet spot should the real-estate-selling reality-TV star win the White House.

Trump has taken a few pos-

itions on other issues relevant to Canada in recent months, as he has mostly led the Republican nomination polls.

He has dismissed the idea of a border wall with Canada, despite enthusiastically proposing one with Mexico. He opposes the Trans-Pacific Partnership trade pact because he says it's a bad deal for the United States.

And he supports the Keystone XL pipeline. Trump has mused about possibly requesting better terms from TransCanada Corp., but he is in favour of building the stalled pipeline. THE CANADIAN PRESS

## SECURITY

# Activist suspects U.S. behind detention

A French de-radicalization activist once imprisoned in Guantanamo Bay said Wednesday he suspects American authorities were behind Canada's decision to refuse him entry and jail him for two days before sending him back to France.

"I thought that maybe the American government knew I was in Canada and maybe exerted pressure to put me in jail," Mourad Benchellali said from Lyon, France. "I thought they will send me to America, so I was very scared."

Benchellali, 34, said U.S.

**"I know it's not the fault of the Canadian people."**

De-radicalization activist Mourad Benchellali

authorities assured him he is not on their no-fly list, but Canadian carrier Air Transat refused to let him board a flight to Montreal earlier this year.

"They just told me the Americans don't want me to take

this flight," he said.

Upon his arrival in Toronto from Paris via Iceland on Nov. 2, Benchellali was detained, interrogated about his time at an al-Qaida camp in Afghanistan 15 years ago, and prohibited from entering Canada.

The French citizen has written a book about his experiences in the camp and subsequent detention in Guantanamo Bay (he was released in 2004). He said his brother had taken him to Afghanistan for what he thought would be an adventure holiday. THE CANADIAN PRESS



Former Guantanamo Bay prisoner Mourad Benchellali. FRANCOIS GUILLOT/AFP/GETTY IMAGES



# No evidence hospital housed Taliban before attack: Report

## AFGHANISTAN

### U.S. military relied heavily on its Afghan allies for strike

Immediately after the U.S. killed at least 30 people in a devastating airstrike on a charity hospital, Afghanistan's national security adviser told a European diplomat his country would take responsibility because "we are without doubt, 100 per cent con-

vinced the place was occupied by Taliban," according to notes of the meeting.

More than a month later, no evidence has emerged to support that Afghan position. Eyewitnesses said they saw no gunman at the hospital.

Instead, there are mounting indications the U.S. military relied heavily on its Afghan allies who resented the internationally run hospital, which treated Afghan security forces and Taliban alike but says it refused to admit armed men.

The new evidence includes



**When we make a mistake, we will not only own up to it, we will also scrutinize all of the facts to learn from them so that it never happens again.**

Pentagon spokesman Navy Capt. Jeff Davis

details about the location of American troops during the attack. The U.S. special forces unit whose commander called in the strike was under fire in the Kunduz provincial governor's compound a half-mile away from the hospital, according to a former

intelligence official who has reviewed documents describing the incident. The commander could not see the medical facility — so couldn't know firsthand whether the Taliban were using it as a base — and sought the attack on the recommendation of

Afghan forces, the official said.

Looking ahead, the strike raises questions about whether the U.S. military should rely on intelligence from Afghan allies in a war in which small contingent of Americans will increasingly fight with larger units of local forces.

Also at issue is how American commanders, with sophisticated information technology at their disposal, could have allowed the strike to go forward despite reports in their databases that the hospital was functioning.

THE ASSOCIATED PRESS

## IN BRIEF

### Serbian PM makes pledge for rejuvenation project

Serbia's prime minister said Wednesday his country is donating five million euros to rejuvenate the Bosnian town of Srebrenica, where Serbs slaughtered 8,000 Muslim men and boys during the war 20 years ago.

Prime Minister Aleksandar Vucic attended a regional investment conference in the eastern town and said that the first two million euros will arrive by Monday.

The move is yet another attempt to atone for war atrocities that have kept the region unstable.

THE ASSOCIATED PRESS



PAUL ELLIS/AFP/GETTY IMAGES



JOE RAEDLE/GETTY IMAGES



DAN KITWOOD/GETTY IMAGES

## REMEMBRANCE DAY

### A world united

Ever since the end of the First World War, November 11 is observed around the world as an occasion to honour and remember veterans of war.

#### 1 Armistice Day

— Alrewas, England: A woman touches a memorial plaque at the National Memorial Arboretum.

#### 2 Veterans Day parade

— Miami Beach, Florida: Kelvin Cabrera salutes as the parade marches past.

#### 3 Field of Remembrance

— London England: Crosses and poppies are hidden by fallen leaves outside Westminster Abbey.

#### 4 Vietnam Veterans Memorial

— Washington, DC: A veteran searches for the name of a fallen peer.

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# Modi tries to quell revolt after defeat

## INDIA

## Prime minister under pressure after second major slip-up

India's Prime Minister Narendra Modi is facing a revolt within his Hindu nationalist party by senior leaders questioning

his leadership style after the recent debacle in state elections.

Modi's right-wing Bharatiya Janata Party lost the election in eastern Bihar state last Sunday to a coalition of socialist groups in a major blow seen as a sign that many in India are alarmed by a rising tide of religious intolerance and violence.

A statement issued late Tuesday by four former ministers accused Modi and party

President Amit Shah of having too much power in their hands.

"A thorough review must be done of the reasons for the defeat as well as of the way the party is being forced to kowtow to a handful, and how its consensual character has been destroyed," the statement said.

Modi had sidelined the four leaders — Lal Krishna Advani, Yashwant Sinha, Murli Manohar Joshi and Shanta Kumar —

after becoming prime minister in May last year.

A statement by Modi's supporters said that the party would welcome any guidance of the senior leaders.

Home Minister Rajnath Singh, Parliamentary Affairs Minister M. Venkaiah Naidu and Transport Minister Nitin Gadkari said the BJP had won national and some state elections under current leadership.

The election for control of Bihar, India's second most populous state, was seen as a referendum on Modi's popularity, and he had crisscrossed the state addressing dozens of high-profile rallies. No other BJP leaders were as visible through the election as Modi.

The dramatic loss in Bihar was the second major defeat for the BJP, also trounced in Delhi. THE ASSOCIATED PRESS



Narendra Modi  
THE ASSOCIATED PRESS FILE

## CATALAN INDEPENDENCE

## Spanish PM slows separatists' surge

Spain's constitutional court halted a push on Wednesday by separatist regional Catalan lawmakers to set a road map toward independence by 2017, acting just hours after Prime Minister Mariano Rajoy mounted a legal challenge to the secession bid and accused separatists of plotting to destroy centuries of Spanish unity.

The court's unanimous acceptance to review the Spanish government's legal case suspended a resolution passed Monday by the Catalonia parliament in Barcelona, authorizing it to begin work on a Catalan constitution and to establish tax-collecting and security systems.

In a statement, the court warned Catalan politicians that they could face criminal charges if they defy its ruling.

Rajoy blasted the Catalan independence resolution as an attack on Spain's sovereignty and democracy.

"We're talking about the defence of an entire country,"

he told reporters in an address. "They are trying to liquidate the unity of a nation with more than five centuries of history."

The Catalonia parliament resolution also exempted the regional administration from being forced to heed Spanish institutions, including the constitutional court, setting up a legal collision course between separatists and Spain's government if the separatists attempt to take more steps toward independence.

Public officials who refuse to comply with the court order would likely face charges of disobedience, punishable by removal from office for up to two years and heavy fines.

The resolution in Catalonia was passed by the pro-independence "Together for Yes" alliance and the far-left CUP group. The two are in talks to form a new government that would move the independence process forward but disagree on who should be the leader of the parliament. THE ASSOCIATED PRESS



Spanish Prime Minister Mariano Rajoy speaks during a news conference in Madrid Wednesday. GERARD JULIEN/AFP

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Slovenian soldiers build a razor wire fence on the Slovenian-Croatian border yesterday. JURE MAKOVEC/APF

## Old tension rising in EU

### MIGRANT CRISIS

### Slovenia tries to stem tide as Europe pushes African leaders

The European Union pressed African leaders on Wednesday to take back thousands of people who do not qualify for asylum, as overwhelmed Slovenia began building a razor-wire border fence to keep migrants at bay, raising tensions with neighbouring Croatia.

According to the International Organization for Migration, almost 800,000 people have entered Europe by sea this year. The EU predicts that three million more could arrive in the zone by 2017.

The Europeans say most Africans are coming in search of work and should be sent home, but many deliberately arrive without documents and must wait months before they are taken back.

At an EU-run summit in

Malta, African leaders are set to commit "to co-operate with the EU on return and admission, notably on travel documentation," according to the latest draft of an "Action Plan" being drawn up.

In Slovenia, tensions mounted after troops began erecting razor-wire along the Sutla River that divides the country from Croatia, and further southwest near the town of Gibina.

Tensions mounted when Croatian authorities said parts of the fence were in disputed territory. AP journalists saw Croatian police demand that Slovenia take down a section of the fence.

Croatian special forces arrived at the Harmica border crossing, while armed Slovenian special police watched from the Slovenian side.

Slovenia denies that any part of the planned 80-kilometre (50 mile) fence is on Croatian soil. Both countries are already locked in an old territorial dispute dating from the breakup of Yugoslavia in the 1990s.

THE ASSOCIATED PRESS

### MYANMAR

## Suu Kyi moves step closer to real power

Myanmar's transition to greater democracy after decades of military rule surged ahead Wednesday as opposition leader Aung San Suu Kyi's party continued its election sweep and the government promised a peaceful transition of power.

Suu Kyi's National League for Democracy said it received a message from Information Minister Ye Htut on behalf of President Thein Sein congratulating it for leading the race

for seats in Sunday's election.

Ye Htut said the government will pursue a peaceful transfer of power "in accordance with the legislated timeline." The message helps remove lingering concerns that the military may deny the NLD power, as it did after elections in 1990.

Suu Kyi remains barred from becoming president by a constitutional provision inserted by the military before it transferred power in 2011.



**I make all the decisions because I am the leader. The president will be one we choose just in order to meet the requirements.**

Aung San Suu Kyi

Suu Kyi has declared, however, that she will become the country's de facto leader, acting "above the president."

"I make all the decisions because I'm the leader of

the winning party. And the president will be one whom we will choose just in order to meet the requirements of the constitution," she said.

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# Thousands march on Kabul demanding justice

## PROTEST

### Afghanistan erupts after women, child murdered

Anger and frustration over the brutal killings of seven members of Afghanistan's minority Hazaras spilled into the streets of Kabul on Wednesday, with about 10,000 people marching to demand justice for the Shiite minority and calling on the government to do more to ensure the nation's security or step down.

The case of seven Hazaras, whose beheaded bodies were found Saturday in the country's southeastern province of Zabul, appears to have galvanized many in war-battered Afghanistan, uniting them across ethnic and sectarian divides.

No one claimed responsibility for the killings, though Afghan

officials have blamed a range of extremists, from Taliban insurgents to an emerging affiliate in Afghanistan of the Islamic State group, which is fighting in Syria and Iraq.

The protest climaxed outside President Ashraf Ghani's heavily fortified presidential palace at Pashtunistan Square, where marchers brought the coffins, draped in green flags symbolizing the Shiite minority.

At one point, presidential guards opened fire as some of the protesters tried to scale the walls and get into the palace grounds. The president's deputy spokesman, Zafar Hashemi, said the shooting wounded 10 people. Shortly afterward, Ghani went live on national television, appealing for calm and promising that the Hazara deaths would be avenged.

"The nation's pain is my pain," he said, vowing the authorities would have "no mercy" on the killers.

THE ASSOCIATED PRESS



Thousands of protesters marched coffins containing the bodies of seven Shiite Hazaras through the Afghan capital Kabul to demand justice for gruesome beheadings, which prompted fears of sectarian bloodshed in the war-torn country. SHAH MARAI/AFP/GETTY IMAGES.

## WEST BANK

### EU labels frustrate Israel

The European Union's decision Wednesday to start labeling Israeli products made in the West Bank delivered a resounding show of international disapproval over Israel's expansion of Jewish settlements and raised the pressure on Prime Minister Benjamin Netanyahu to renew peace efforts with the Palestinians.

Israel condemned the measure as unfair and discriminatory, but it appeared helpless to stop its growing isolation over the settlement issue and its treatment of Palestinians. Relations with the EU in particular have deteriorated in recent years due to disputes over the settlements.

"The EU decision is hypocritical and constitutes a double standard," Netanyahu said, adding that Israel had been unfairly singled out. Speaking from Washington, he said, "The EU should be ashamed."

On Tuesday, Cabinet Minister Yuval Steinitz accused Europe of "disguised anti-Semitism." Officials avoided such language Wednesday, but reactions were swift and angry. THE ASSOCIATED PRESS

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# Elephants trained to stop forest fires

## CONSERVATION

### Indonesia is taking bigger steps to tackle fire problems

Forest fires difficult to control? Call in the pachyderm patrol.

Officials in Indonesia are using trained elephants outfitted with water pumps and hoses to help control fires that have claimed vast amounts of forest while sending thick haze into neighbouring countries.

For nearly three months, Riau province in East Sumatra has been blanketed by smoke from forest fires and land clearing, especially in peat-rich areas where flames are difficult to contain.

At the elephant conservation centre in Siak district, 23 trained elephants are being used as "forest watchdogs."

Carrying water pumps and other equipment, elephants and their crews patrol burned areas in the national forest to ensure



Forestry officials load a water pump on the back of an elephant prior to the start of a patrol. THE ASSOCIATED PRESS FILE

that fires don't reappear after smouldering beneath the peat lands.

Supartono, the head of the Riau Forestry Division, who uses one name, said the elephants had earlier been trained to help patrol forests to find people encroaching illegally, as well as to resolve frequent conflicts between wild elephants and people by driving the wild elephants

that enter human settlements back to their habitats.

So far, Indonesia has been unable to put out the raging fires this year because of intentional burning and a rain shortage.

Data from the Riau Forest Fire Prevention Taskforce show more than 10,000 hectares (25,000 acres) of forests and land have been burned in the province.

THE ASSOCIATED PRESS

## ACCIDENT

### Jet crash death toll hits nine

Seven associates of a Florida real estate investment company were on the second day of a multicity Midwestern trip to look at property for potential shopping centres when their small jet crashed into an Ohio apartment house, killing all nine people onboard.

The crash Tuesday afternoon in Akron — three kilometres from the small airport where the plane was to land — killed two executives and five employees at Pebb Enterprises, a Boca Raton-based company that specializes in shopping centres. The NTSB recovered the downed plane's cockpit voice recorder, which was being sent to a lab in Washington.

Investigators also reviewed surveillance video from a construction company that showed the plane coming in along the tops of trees and banking to the left before it crashed and exploded into flames and a cloud of black smoke. The two pilots were also killed. Investigators are trying to determine what caused the crash.

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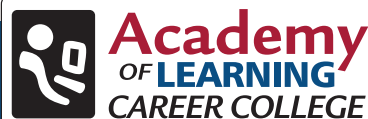
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# TransCanada has few options for Keystone

## OILSANDS

### New permit a non-starter as long as Obama is president

Immediately after U.S. President Barack Obama denied a permit for the Keystone XL pipeline, TransCanada Corp. vowed to review all of its options.

Unfortunately for the Calgary-based company, none of those options are quick, simple or sure to succeed, according to a Washington, D.C., lawyer who at one time dealt with energy issues at the U.S. Department of Justice.

"There's not much anyone can do to reverse the decision practically or legally in the short-term," said Jim Rubin, now a partner at Dorsey & Whitney.

The one possibility TransCanada raised in its statement Friday was filing for a new permit to ship oilsands crude across the



**U.S. President Barack Obama, with Vice-President Joe Biden, announces Friday he's rejecting the Keystone XL pipeline.**

THE ASSOCIATED PRESS FILE

border. That's a non-starter as long as Obama is in the White House, said Rubin. Same story if the Democrats win the 2016 election, given the front-runners for the nomination have come out against the project.

The best hope, said Rubin, is for TransCanada to bide its time and see if the Republicans take power in 2017.

Going through the courts is

the most complicated route, said Rubin, adding that the optics of TransCanada itself launching a lawsuit aren't great. Other parties could argue they've suffered economic harm as a result of the project not going ahead, but that's tough to prove.

A challenge under the North American Free Trade Agreement would be a protracted process, and a win would be far from a

## + MEXICO DEAL

### Natural-gas pipeline

TransCanada Corp. has won a contract to build, own and operate a \$500-million US natural-gas pipeline for Mexico's state-owned power company. The company says the pipeline should be completed by late 2017 and it has a 25-year contract with the Comision Federal de Electricidad to operate the line.

sure bet. The best-case scenario for TransCanada would be recouping funds it sunk into the project, said Rubin.

TransCanada may look at building pipe along the same route of its existing Keystone network, which has been delivering crude to the Midwest since 2010, Oklahoma since 2011 and the Gulf Coast since early 2014.

THE CANADIAN PRESS

## STUDY

### More young women living with parents

Young women are living with their parents or relatives at a rate not seen since 1940 as more millennial women put off marriage, attend college and face high living expenses.

A Pew Research Center analysis of U.S. Census Bureau data found that 36.4 per cent of women between the ages 18 and 34 lived with parents or relatives in 2014, the most since at least 1940, when 36.2 per cent lived with family.

Richard Fry, a senior economist at Pew, says young women are staying home now because they are half as likely to be

married as they were in 1940 and much more likely to be college-educated. Economic forces such as increasing student debt, higher living costs and economic uncertainty are also playing a role.

The percentage of young men and women living with family fell after the 1940s as more women joined the workforce. Young women and men began staying home at a more rapid rate after 2000, a trend that sharply increased with the uncertainty brought on by the recession in the late 2000s.

THE ASSOCIATED PRESS

## market minute

	<b>DOLLAR</b> Closed
	<b>TSX</b> 13,341.93 (-69.70)
	<b>OIL</b> \$42.93 US (-\$1.28)
	<b>GOLD</b> \$1,084.90 US (-\$3.60)

**NATURAL GAS:** \$2.263 US (-5.7¢)  
**DOW JONES:** 17,702.22 (-55.99)

## IN BRIEF

### Canada's share of Molson Coors revenue to drop

Molson Coors will nearly double its size once it completes a \$12-billion US purchase that secures full ownership of its U.S. beer business and gains worldwide control of the Miller brand. Canada's share of total revenue will drop to 15 per cent. THE CANADIAN PRESS

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- Must be a team player

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## CHANTAL HÉBERT: ON THE TORIES' FADE



**“It’s not just that the Conservatives lost control of the federal agenda for the foreseeable future but also that they are all but a spent force on the provincial scene.”**

The Conservatives’ defeat on Oct. 19 will not go down in history as the worst electoral beating the party has ever endured, but it has driven Canada’s conservative movement further into the political wilderness than at any other time in its recent history.

It is not just that the Conservatives lost control of the federal agenda for the foreseeable future, but also that they are all but a spent force on the provincial scene. That’s obviously bad news for the parties that make up the right, but it is also a loss for the national conversation.

By the time Canada’s premiers join Prime Minister Justin Trudeau at the Paris climate conference next month, Saskatchewan’s Brad Wall will likely be the only conservative first minister still standing.

Once the voters of Newfoundland and Labrador go to the polls at the end of the month, polls suggest the province’s Tory government will be history.

For the first time in the living memory of most voters, there is not a Conservative government at the helm of one of the four larger provinces and no prospect that one will be elected anytime soon.

The Liberal governments of Ontario and Quebec, and the New Democrats in Alberta are all in the first half of major-

ity mandates. Regime change — should it come to British Columbia in 2017 — is more likely to bring another NDP government to the fore than a more conservative one.

In the short term, Manitoba offers the Tories their best (and only?) hope of bolstering their presence at the federal-provincial table.

But it will take more than a provincial victory or two to fix the malaise that ails the Conservative movement.

Harper’s brand of conservatism was massively rejected in Atlantic Canada last month and it never took root in Quebec. In that province the party’s recent seat gains mask a drop to the lowest Conservative score in the popular vote (16 per cent) in Quebec in a decade.

In a set of byelections earlier this week, the Coalition Avenir Québec — the closest thing to a provincial conserva-

tive party in Quebec — did even more poorly.

Ontario and Alberta are homes to conflicted and divided Conservative houses.

Since Mike Harris retired more than a decade ago, the Ontario Tories have failed to find a path back to power or, for that matter, to agree on a course to get there.

In Alberta, the warring factions within the Conservative movement have taken their differences to the electoral arena in a fratricidal battle that neither side is poised to win.

It will be interesting to see how the internal tensions in the two provinces that have been the pillars of the federal Conservative party will play out in the upcoming campaign to select Harper’s successor.

If the past is any indication, those vying to succeed Harper will more likely be auditioning for a spell in the role of leader

of the opposition than for the job of prime minister.

After the Trudeau, Mulroney and Chrétien/Martin decades, it took almost 10 years for their respective parties to regroup and stage a successful bid for government.

In fact, the Conservatives should not assume they hit rock bottom on Oct. 19.

The Liberals — who went from bad to worse under Stéphane Dion and Michael Ignatieff — can testify to the perils of that particular delusion.

Meanwhile though, a Conservative vacuum of this magnitude on the federal-provincial scene is unprecedented.

Pierre Trudeau sat across from William Davis in Ontario and Peter Lougheed in Alberta. Jean Chrétien was paired with Ralph Klein and Harris. Those strong premiers, hailing as they did from provinces that no federal ruling party could ignore, provided a counterweight to the Liberal government of the day, and often forced it to up its game.

Over the Chrétien decade, a lot of the intellectual impetus for groundbreaking federal policies came from the right. It was provincial Conservative politicians who broke the trail to balanced budgets and the Reform Party planted the seed of what became the Liberal’s Clarity Act.

But the Harper Conservatives always seemed to bring less policy heft to the exercise of power than their party in opposition.

They had lost their identity some time before they lost their place in government.

**Chantal Hébert** is a national affairs writer. Her column appears in Metro every Thursday.

## ROSEMARY WESTWOOD

metroview

### This week’s episode of Latent and Not-So-Latent Sexism

Welcome to Recently in Latent and Not-So-Latent Sexism.

1. Jose Bautista, whose bat flip got us all hot and bothered, pens a nice defence of said bat flip that doubles as a celebration for cross-cultural baseball. But slipped into a description of how it felt to step up to the plate, he offers this charmer: “It’s the closest I have ever felt to being a superhero. I felt like I was Batman, and the villain had the girl dangling off the edge of the building.” Did you do it, Bautista? Did you save the girl?!

2. In his widely memed music video for Hotline Bling, Drake confuses his ex’s sexy party time and international vacations for the behaviour of a “bad girl.” The female artist Ceresia covers the song from a woman’s perspective to help him really hear himself. That cover spawns my own counsel to Drake: She probably is getting nasty with someone else, so you might want to consider going out more, you know? Instead of waiting for that late-night hotline bling? Best of luck in your new city.

3. Ralph Nader, allegedly very upset about interest rates, publishes an open letter to the U.S. Federal Reserve’s first-ever chairwoman, Janet Yellen, and advises her that she should “Sit down with your Nobel Prize

winning husband, economist George Akerlof,” so they can “together, figure out what to do.” (Note: for more on the curious practice of condescending to female economists and making sure to point out that they’re wives, see a recent article devoted to the topic in the New York Times’ The Upshot blog.)

4. Bloomingdale’s, sensing that rape culture is so hot right now, releases a print ad featuring a man gazing at a woman (who’s having a big laugh with someone in the opposite direction) with the handy how-to direction: “Spike your best friend’s egg-nog when they’re not looking.” The company apologizes, citing recent feedback, furthering the cause of shallow moral relativism. Bloomingdale’s does not explain why the words “best friend” are bolded in the ad, though one might assume it’s a nod to the fact that 80 per cent of sexual assaults are committed by someone known to the victim.

5. Alberta judge Robin Camp faces possible dismissal after showing a disregard for Canadian law by replacing the Supreme Court of Canada’s definition of consent to sexual touching with “Why couldn’t you just keep your knees together?”

Thanks for reading. That concludes this edition of Recently in Latent and Not-So-Latent Sexism. Till next time.

#### THE MICROTREND: Retail on the road



Have you ever tried to exit a bus only to run into the person in front of you, gazing at something on their phone? Blame online retailers. According to research by Ipsos and the admittedly self-interested PayPal Canada, 14 per cent of Canadian commuters use transit time to shop on their phones, and 76 per cent would if they had better Internet access. PayPal says the number of commuter-shoppers could increase fivefold if Wi-Fi was available on-board. So until hands-free, eyes-free mobile payments are invented, ever more multi-taskers will slow the flow of people on public transport because they’re comparison-shopping for cat toys.

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## PM's wife suits nation to a tee

### POLITICS OF THE WARDROBE

### Sophie's easy-going elegance captivates fashion lovers

Marlene Rego  
For Metro Canada



Sophie Grégoire-Trudeau has all the hallmarks of a style-icon-in-the-making with many ready to brand her Canada's Kate Middleton. They both married into a dynasty and share a glossy mane, but that's where the comparisons end. It's almost impossible to picture The Duchess, for instance, walking her kids to school in a pair of distressed denim flares and a white tee as Grégoire-Trudeau did on the first day back. It's precisely her relatable, relaxed approach that has put the entire country on Sophie Style Watch.

For her first official appearance as the prime minister's wife, she made a conscious choice to wear Canadian designers in an embellished Erdem dress and Sentaler coat — she also wore a grey Sentaler coat to yesterday's Remembrance Day ceremony — ostensibly aware that doing otherwise could come across as an early misstep. Instead, her swearing-in ensemble (styled by good friend Jessica Mulroney) prompted dozens of wardrobe dissections.

Sarah Bancroft, Vancouver-based editor-in-chief of vitamindaily.com credits her

popularity with an easygoing elegance. "While many first ladies have nailed the elegant part, the relaxed part doesn't come across as frequently."

It seems the personal is public for Grégoire-Trudeau, at least in her proven talent for towing the line with her style choices. "It's a fine balance. I'm sure it's not easy finding the perfect pieces," says Bancroft, who points to Grégoire-Trudeau's early TV work and time with Holt Renfrew as a personal shopper for her honed style.

Grégoire-Trudeau's choices so far lean toward a Made-in-Canada mandate, though it's too premature to predict whether she could have the same effect as Kate Middleton on much-needed sales.

"If we make noise about specific things she wears, I think it will definitely have an impact. I've seen so many posts on Facebook with people asking 'Where did she get that coat?'" says Montreal-based blogger Lolitta Dandoy of Fashion Is Everywhere (fashioniseverywhere.com).

This is exactly what the Canadian fashion industry needs at the moment, says Dandoy, who cites the loss of Montreal Fashion Week two years ago as a discouraging low-point for local designers.

Bancroft agrees, especially now that all eyes are on the most photogenic pair in Ottawa. "Canadian designers need all the spokespeople they can get."

### CASUAL CHIC OUTFITS WE'VE SEEN SO FAR



#### On-duty mom

"It takes a lot of confidence to pull something like this off when you know you're going to be photographed. It's also a throwback to Margaret (Trudeau), and the '70s silhouette happens to be in again," says Bancroft.



#### Election Day

Dandoy references this monochromatic look as the epitome of Grégoire-Trudeau's "cozy-chic" style. It's a classic choice that proves she can pull off effortless with three tots in tow.



#### The coming-out look

Bancroft thinks she made the right call to go understated but definitive. "She's gone for more neutral colours, which is an interesting choice (as) a lot of first ladies will try to go for something really bold and statement-making."

### THESE LOOKS WOULD BE AMAZING ON SOPHIE



#### Tanya Taylor

The Toronto-born, New York based designer is on heavy rotation with U.S. First Lady Michelle Obama, Beyoncé and Taylor Swift. We're predicting Grégoire-Trudeau would love any of the classic '70s boho silhouettes seen in the Fall 2015 collection.



#### Quebec designers

Grégoire-Trudeau's ties to the fashion industry allowed her to design her custom wedding gown back in 2005. Dandoy hopes she'll continue to support local designers by wearing pieces from the collections of Denis Gagnon (pictured), Mélissa Nepton, Mackage or Montreal duo Tavan & Mitto.



#### Partyskirts

While we wouldn't be surprised to find her in a formal Greta Constantine gown, Smythe or Pink Tartan, Bancroft would like to see Grégoire-Trudeau shine the spotlight on smaller Canadian brands such as Partyskirts. "The silk high-waisted skirts come in all kinds of jewel tones. For the holidays I think this would be really fun on her, it's festive but also quite conservative at the same time."

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by sarinahomes

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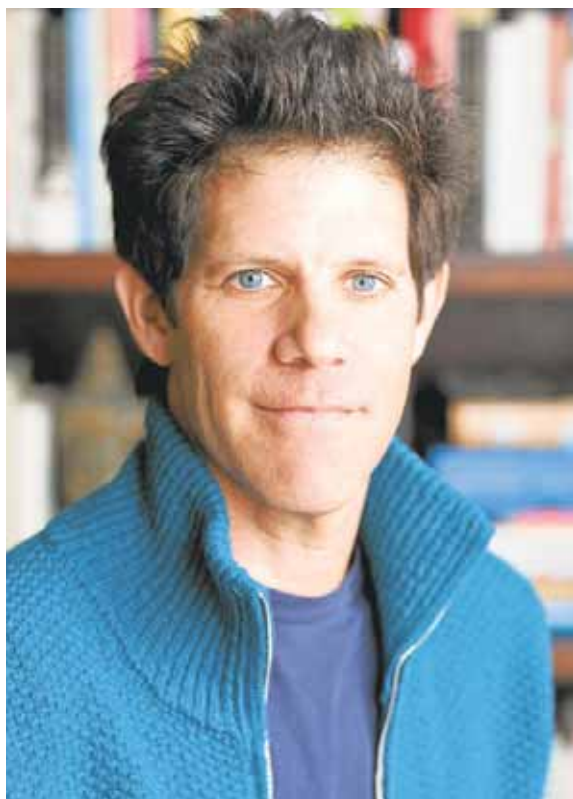
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# Stars share their best advice in six words



Six-word story catalyst Larry Smith has a new book. CONTRIBUTED

## COLLECTED WISDOM

### Larry Smith on power of half a dozen words to the wise

**Rachel Vigoda**  
Metro | New York

In the age of Twitter, the idea of sharing wisdom using just a few letters is *de rigueur*. But that wasn't the way of the world when Larry Smith launched the Six-Word Memoir project in 2006, challenging people to tell a story in just six words.

More than a million mini-stories have been shared at Six-WordMemoirs.com, sparking a series of books. Last week, Smith released the latest, *The Best Advice in Six Words*.

In it are witty nuggets from actors, singers and writers, including Smith's wife, Piper Kerman, the real-life Piper of *Orange Is the New Black*.

We spoke with Smith about his favourite piece of advice and watching himself on OITNB.

### How did you pick who would contribute?

Sometimes I get lucky and catch someone like Taylor Schilling ("You're okay, right now, I promise"), Weird Al Yankovic ("Eat your broccoli and always floss"), or Philly's own opera star Michael Fabiano ("Don't wait your turn in life") who already loves the form and offers me their six words on the spot. The trickiest celebrities to land are often some of my favourite writers — I get the sense that because they are so well known for their words, they never quite feel their six-word stories are finished.

### Was there anyone you really wanted who said no?

I was listening to the radio one day and heard Tony Robbins giving a TED talk that included these perfect six words: "Divorce your story, marry the truth." I tried numerous emails and calls to (his) office to seek permission to include those words, but never heard back.

### What's your favourite piece of advice in it?

My son's "Play, play, play, play, play, play" is sage wisdom for all ages. Morgan Spurlock, the director of *Super Size Me*, emailed me six words that I seem to be repeating a lot lately: "Don't put that in your mouth."

### How do you feel about Larry's portrayal on OITNB?

Piper and I both think the adaptation of *Orange Is the New Black* is excellent. I have some similarities to Larry Bloom. We're funny, have good hair, love Piper. But of course the show is a work of fiction.

### Did Piper contribute her six words of advice?

Piper's a frequent and fantastic six-word scribe. In our first book she shared her Six-Word Memoir, "In and out of hot water." In a collection of stories about love she wrote, "Found fellow cliff-diver. Best risk ever." In *The Best Advice in Six Words*, my wife offers, "You learn more from your failures."

## FAVOURITES

### Check out our six pack

In *The Best Advice in Six Words*, celebs from Gary Shteyngart to Molly Ringwald share the best advice someone ever gave them. Here are some of our favourites.

"Just make something every single day." — Noah Scalini

"Good posture trumps insecurity every time." — Susanne Kuznetsky

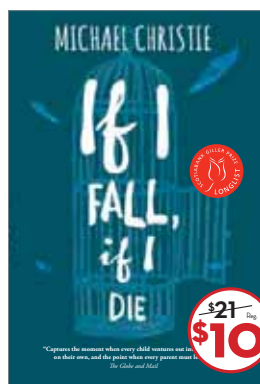
"There's always time to reinvent yourself." — Kathryn Budig

"Speak kindly. Someone always hears you." — Eleanor Sanchez

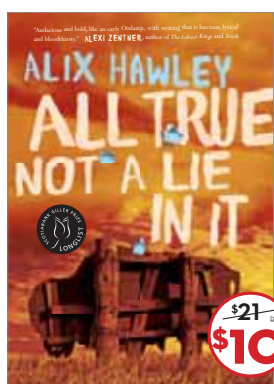
"Endure. Tomorrow is a different day." — Karen Munro

"Overnight success has never happened overnight." — Charles London

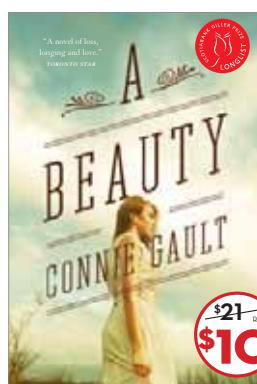
## STOCK UP ON THE SEASON'S BEST BOOKS



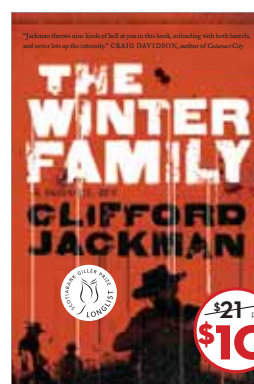
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Philipp Meyer, author of *The Son*



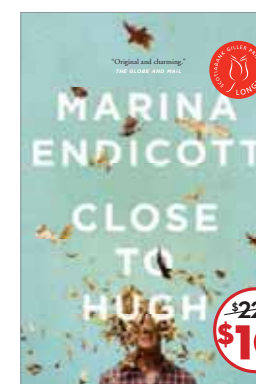
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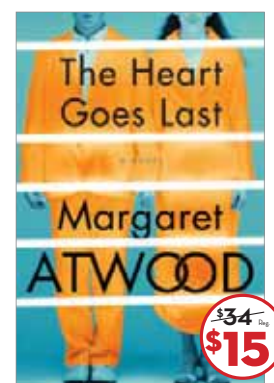
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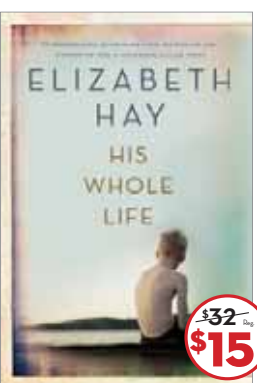
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# Graphic novel gets Suite translation

SUITE FRANÇAISE

**Popular 1940s story now illustrated in English**

**Sue Carter**

For Metro Canada



There are so many versions of Irene Némirovsky's critically beloved novel *Suite Française*, returning to the original story is a bit like pulling apart a Russian matryoshka doll.

Némirovsky's own life is one of contemporary publishing's most heartbreaking and triumphant tales. The Ukrainian-born author intended to write a series of books based on her personal observations of the German occupation of France during the Second World War, but only completed two novels before she died at Auschwitz in 1942. The manuscripts then remained untouched in a suitcase under her daughter's care until 1998. When the two books were finally published together in 2004 as a single

novel titled *Suite Française*, it quickly became an international bestseller and then, earlier this year, a film, starring Michelle Williams as a lonely French woman who falls in love with a German soldier.

What many English speakers don't know is that there is also an illustrated adaptation of Némirovsky's first novella by Emmanuel Moynot, a Parisian author-artist with more than 40 titles to his name.

Now, for the first time, the English-language translation of that graphic novel is available here, thanks to Arsenal Pulp Press. The Vancouver publisher is gaining international respect for its comics translations, having made a name with another cultural phenomenon, Julie Maroh's lesbian romance, *Blue Is the Warmest Color*, the film adaptation of which took home the Palme d'Or prize at

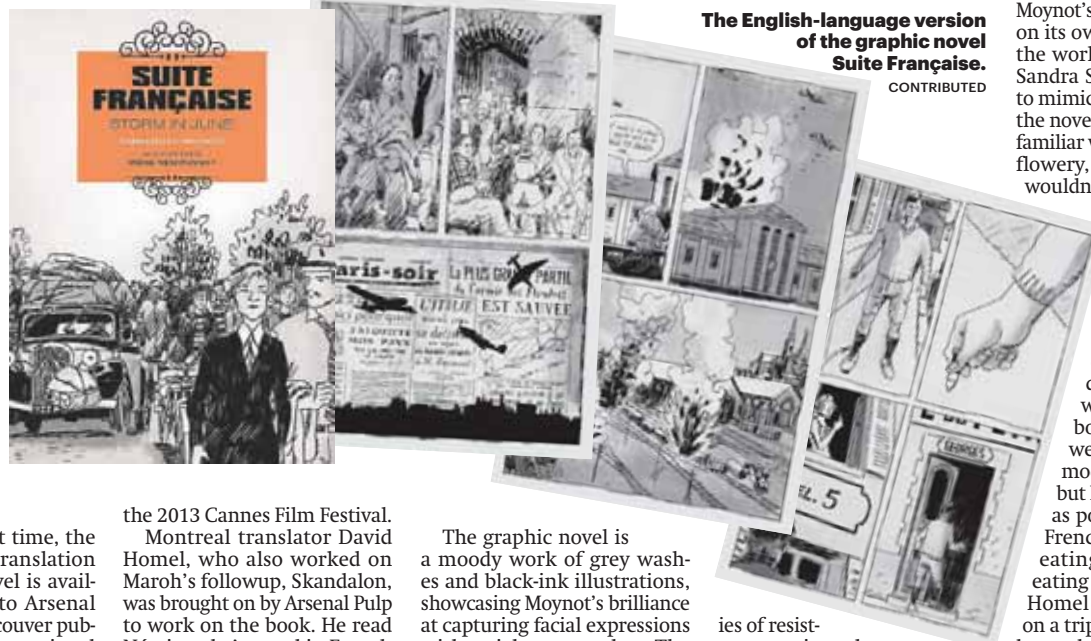
the 2013 Cannes Film Festival.

Montreal translator David Homel, who also worked on Maroh's followup, *Skandalon*, was brought on by Arsenal Pulp Press. He read Némirovsky's novel in French soon after it came out, but deliberately avoided the English-language edition while working on the illustrated version. "You can really be influenced by something without realizing it," he says.

The graphic novel is a moody work of grey washes and black-ink illustrations, showcasing Moynot's brilliance at capturing facial expressions with quick pen strokes. The story follows several families of various social classes as they try to rebuild their lives under occupation. "Most of the books and movies that we consume about World War II are tragic Holocaust stories or heroic stor-

**The English-language version of the graphic novel *Suite Française*.**

CONTRIBUTED



Moynot's graphic novel to stand on its own. Though he praises the work of British translator Sandra Smith, he didn't want to mimic the English edition of the novel that most readers are familiar with. As it turns out, its flowery, descriptive language wouldn't hold up in a graphic novel format, which

is constricted by the limited space provided by speech balloons.

As with his other projects, Homel didn't communicate directly with Moynot while working on the book. Some references were changed to accommodate English speakers, but he tried to keep as true as possible to the original French text. "If people are eating duck pâté, they're eating pâté, not duck liver," Homel says. "It's like going on a trip. When you enter you know there are going to be certain types of references that are foreign but you still have a picture of what's going on."

Sue Carter is the editor at Quill & Quire magazine.

ies of resistance against the Nazis," says Homel. "This is a completely business-as-usual story — the opposite of what we're used to seeing or reading. That's the genius of Némirovsky."

Ultimately, Homel wanted

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# Year of Yes transforms Shonda

## MEMOIR

## Titan of TV faces her fears and finds life is much sweeter

Shonda Rhimes, who owns ABC's Thursday night (with hit dramas *Grey's Anatomy*, *Scandal* and *How to Get Away With Murder*), had found comfort and refuge in ShondaLand, the dream factory she rules as a mega-producer and writer.

But otherwise she was a chronic naysayer, which spurred her sister to mutter as they cooked Thanksgiving dinner in 2013, "You never say yes to anything."

This stinging rebuke led Rhimes to commit herself to a year of saying "yes" to whatever came her way.

For Rhimes, who describes herself back then as an introvert "to the bone," this meant saying yes to speaking engagements and social invitations she would have turned down before.

But that was just the start.

"I feel like a different person," Rhimes, 45, declared over tea Monday morning at a New York hotel. A television titan who not long ago was legendary for shunning interviews and the media spotlight, she was relaxed and reflective as she shared with a reporter how "everybody asks: 'What happened to you?' I don't know what to say, except that I had this weird, transformative experience and I feel like I've completely changed my life from top to bottom."

Rhimes has chronicled this grand transformation — and helped explain it to herself — in her candid new memoir, *Year of Yes* (Simon & Schuster).

For Rhimes, saying yes didn't just mean saying yes to Jimmy Kimmel when asked to be on his show (which terrified her, though it turned out fine) or making time, no matter how



TV producer Shonda Rhimes. THE ASSOCIATED PRESS FILE

busy she was, for her three daughters when they asked, "Wanna play?"

More than all that, "yes" meant breaking her lifelong habit of avoiding new possibilities and opportunities.

Writing *Year of Yes* itself became a part of the transformation process, which delivered her from being a remarkably successful woman who was, nonetheless, miserable, to newfound standing as "a better mother, a better friend, a happier boss, a stronger leader, a more creative writer," and someone who is kind, no longer cruel, to herself.

"The more I wrote about what I was doing, the more I got out

of it, and I ended up writing the book just for me, which I think was a good thing. If I had been thinking that anybody else was going to read it, I probably would have censored myself so that what came out was sanitized," she laughed, "for my protection."

It isn't. One of the more revealing chapters recounts her relationship with an ideal man who wanted marriage and mistakenly got the idea she did, too.

She ended up shutting the door on that relationship while, free of regret or self-recrimination, flinging open a door to the notion that choosing to stay single was the right choice for her.

Writing that chapter sparked

an epiphany for Rhimes. She realized she unwittingly had led him on.

"He had said, 'I thought you were a traditional person,' and suddenly I realized that I had completely created myself for him as someone who seemed to want to get married. Up until that moment, I thought, 'How dare he say I'm traditional?'" But then I realized, "That was my doing."

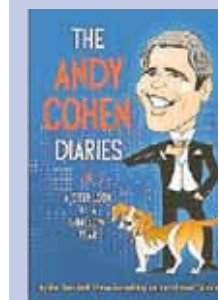
The creation of *Year of Yes*

was as swift as Rhimes' punchy, often stream-of-conscious writing style. It poured out of her this summer and the next thing she knew, she was holding the book's galleys.

"That's when I freaked out. Suddenly this book was real, and I was reminded that everybody in the world is going to read it. So I had my panic. And then I reread it and I felt OK. It's honest and wildly freeing."

THE ASSOCIATED PRESS

## BOOK BRIEFS



### The Andy Cohen Diaries: A Deep Look at a Shallow Year by Andy Cohen

Watch What Happens Live host Andy Cohen takes fans behind the scenes of his Bravo talk show and gives them a front row seat into his personal life with his dishy new memoir. It's Andy Cohen, so you know you're in for a laugh, and he isn't afraid to make fun of himself. There's plenty of drama, and plenty of heart.



### Rules For A Knight by Ethan Hawke

Academy Award-nominated actor and director Ethan Hawke's third novel is about a knight who is scared he is going to die in battle, so he writes a letter to his children about what he's learned throughout his life. Philosophy lovers will enjoy the musings, but everyone will enjoy the touching storyline. EMILY LAURENCE/METRO NEW YORK

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# Judah pens book full of absurdist comics

## INTERVIEW

### Comedian's doodles offer glimpse into his artistry

**Matt Kwong**  
For Metro Canada

Actor, comedian, cartoonist. Judah Friedlander is a man of many hats. Perhaps best known for playing the role of Frank Rossitano, the deadpan, prank-prone comedy writer on NBC's 30 Rock, the New York comedian has now published an anthology of drawings, *If The Raindrops United*.

He spoke with Metro from New Orleans.

**You've been drawing cartoons since you were a kid. How has your work evolved?**

If you look at the thought, there's a lot more brain behind it. Even though the style is simple, the ideas are not simple.

An example of a simple drawing in the book is that one that shows a mouth and teeth all perfectly straight except one is crooked. (The caption reads: "A lone tooth fights bravely against fascism.")

If you look at that, you don't know what the f—

it is. Once you read what it says below, you then realize what it's about, and then you laugh.

And it's also a serious statement about conformity.

**But it's not like these are just 10-minute sketches.** Yeah, that doesn't mean I'm not tweaking them over and over again. I might do 15 different versions of one before I come to one I think works best. I actually used to do oil paintings, I did drawings, some stuff that was very realistic.

But for what I'm doing now, if I think of a concept for a drawing and a joke, I can get the same point across doing a simple drawing that might take anywhere from 20

minutes to two hours.

**You were in American Splendor, so you probably spent some time with Harvey Pekar. And you're doing voice work for Seth McFarlane's upcoming Bordertown (starting Jan. 3). So did you also read comics and watch a lot of cartoons?** Yeah, and I actually did

animation in high school. When I was in the 10th Grade, I had a short film that was best animated short at the Maryland Film Festival. It was called *Beware Rondo*. I might put that up on my website soon!

**Any comics or cartoonists that inform your style?** From the front of the book,

Tina Fey references B. Kliban. He was a big influence. A little later, I was a fan of Gary Larson. And then John Callahan, and the old National Lampoons from the '70s and '80s.

**On 30 Rock, your ever-changing trucker hats were a popular sight gag. Now you're showing another side of your mind**

**with your comics. Do you find you're attracted to visual jokes?**

What a lot of people don't realize is that with writing jokes, and this can be said for some of my drawings as well, what you leave out with words or even with signals and drawings is often much more important than what you put in, or just as important.



Judah Friedlander  
GETTY IMAGES

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# Nigella Lawson feels good these days

## INTERVIEW

### English foodie celebrates the balanced life in new cookbook

**Theresa Albert**  
For Metro Canada



For iconic beauty Nigella Lawson, her life, like her latest book, *Simply Nigella — Feel Good Food*, is about balance. “But that’s not a very grabbing message, is it?” she says.

Oh yes it is, when it comes in such a pretty package. She wanted these pages of cookery to contain “a lot of light, be serene and yet cozy.”

Lawson is quite a messy person who likes the clutter of things in the kitchen and in life as they come together. She doesn’t fuss with being tidy, generally.

But in the book, the TV chef conveys order and balance — take for instance the *Strapatsada*, which is a whole new comfort food supper take on

scrambled eggs.

Lawson says this is the sort of supper you need when you get home and the fridge is bare. Breaking her “no tomatoes with eggs” rule, it is essentially a perfect one pan blend of fresh tomatoes, tomato paste and eggs meant to be spread on crusty bread. Feels like the kind of thing one would eat in bed with a remote control in the other hand.

Like most of her work, *Simply Nigella* also conveys a very personal glimpse into her kitchen. She uses the first-person voice and commentary right in the recipe instructions (an editorial no-no). In the *Strapatsada* recipe she calls herself “a lazy English person” who can’t be bothered peeling tomatoes.

She eschews the idea that her words and on-camera presence is ladled with double entendre. She isn’t sensuous for the camera in her word choice or actions — “it’s just me!” she insists, peppering her conversation with food descriptive like “relish the moment” in her dulcet voice.

Her whole life attitude is very of-the-moment and her health message is inclusive to the ex-



Nigella Lawson's new cookbook *Feel Good Food* focuses on comfort foods. TORSTAR NEWS SERVICE

treme. In the book, she does focus on whole foods but avoids nothing. Meat and bread, butter and cream are all invited to the cooking party.

“I find it is those who deny themselves a bit of dessert who end up eating more,” she says. Why not consume something delicious and enjoy the pleasure? “Life is just too short to do

all that planning and resisting.”

“I cook what I want and I consume what I like,” says Lawson. For instance, upon her arrival in Toronto she went out for dinner and fresh off the plane her body craved greens. The crisp, wet, crunch of a salad was satisfying and her entree was light, too. When the dessert menu came around, she considered it and

would have had a luscious slice but she felt like more salad. So that’s what she had. She admits that on another day she will consume nothing but bread and cheese.

Balance takes a wide berth, not a narrow view.

As for her beauty regimes, she moves. Not exercises — moves. She finds joy in the

regular motions of life — exerting effort to lift and carry and bend is a gift. It isn’t about butter and cream or beating yourself up at the gym, it is about both. She considers it a privilege to embrace yet another day of this life, having lost too many too young since both her parents and her first husband passed on early. “Worrying about aging is just silly, there’s not much one can do about it, is there?”

It does beat the alternative, yes.

Her cooking style is thus: pick an ingredient, fall in love with it and use it up until it is finished. Her recipe for Pea and Broccoli soup does just that (check out the recipe on the next page) by making sure that there are three other recipes to use up the broccoli.

To those who would follow in Lawson’s footsteps, she would say to write about food using your own voice.

Anyone can write a recipe. But to curate an idea and love pieces of food together into your own expression of consumable art invites people into your world. Luckily, she has invited us into hers yet again.

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NIGELLA LAWSON RECIPE

## Feta and avocado salad

Use the best chunky, Greek feta you can find and a fragrant olive oil. Nigella Lawson eats this simple supper with warm Turkish flatbread. Fittingly named nigella seeds (kalonji) are popular in Indian cooking. Adapted from Simply Nigella.

### Ingredients

- 1/2 medium red onion, peeled
- About 1/2 cup (125 mL) red wine vinegar
- 8 oz (225 g) feta cheese
- About 1/2 tsp (2 mL) nigella seeds (kalonji) or black mustard seeds, toasted sesame seeds or za'atar (spice blend)
- 1 ripe avocado, halved, pitted, cut into long, thin slices

- About 2 Tbsp (30 mL) pomegranate seeds
- Extra-virgin olive oil

### Directions

Slice onion as thinly as possible in fine half moons. Put in small, non-metallic bowl. Cover with vinegar. Let stand, covered, at least 2 hours or up to 1 week in fridge until onions are a vibrant crimson.

Set out 2 large plates. Divide feta between them, breaking into uneven chunks. Sprinkle with nigella seeds or substitute. Arrange avocado around feta. Scatter everything with pomegranate seeds. Drizzle with oil to taste. Lift onions from vinegar and drape over salad. Makes 2 main servings.

### CONTROVERSY

#### Nigella toasted over avocado tip

It's the simple pleasures in life that satisfy Lawson, like eating her favourite mashed avocado on toast for breakfast. Little did she realize that sharing that quick dish on her TV show would spawn a torrent of snarky tweets and headlines around the world.

In a Simply Nigella episode, Lawson demonstrates how she spreads mashed avocado on some bread and sprinkles sliced radishes on top. The recipe is more elaborate in her cookbook, which involves pickling the radishes overnight and adding ginger to the avocado. The domestic goddess said she was flummoxed by the controversy about the simple snack.

"Had I said, 'Here's a recipe that's quite hard ...' — but I didn't," said Lawson. "I was just chatting about what I have for breakfast a lot of days. I prefaced it with a remark that 'this isn't a recipe,'" she continued. "To be charitable, I think I was being wilfully misunderstood." THE CANADIAN PRESS



TODD KOROL/TORSTAR NEWS SERVICE

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## TORN FROM THE PAGES

## The challenge of writing songs inspired by novels

**Ian Gormely**  
For Metro Canada

Songwriting, says Tony Dekker, is a process of distilling information and putting it into the writer's own words. Yet, in using Nino Ricci's novel *Sleep* as the basis for a new song, written for the latest edition of *Torn from the Pages*, the Great Lake Swimmers frontman found the process "pretty strange."

"It's a matter of feeling impressions from a bigger work and boiling it down," he says. "It was kind of academic."

The brainchild of writer and musician Dave Bidini, *Torn from the Pages* asks artists to create new works using a specific book for inspiration.

"It's a funny thing to force yourself to be inspired," admits Bidini. "But in the life of the artist, you have to find the switch to the light as opposed to it just turning on."

But the participating artists aren't the only ones who find the process challenging.

"It's a tribute...but it's also a



Great Lakes Swimmer frontman Tony Dekker wrote a song based on Nino Ricci's novel *Sleep*. CONTRIBUTED

bit scary to see where they go with it," says Ricci, whose first novel, *Lives of the Saints*, won the Governor General's Award for Fiction. "What you thought was self-contained and your own takes on this other dimension."

Bidini picked *Sleep* because of its tension, darkness and suspense. "There's a lot to dig into and pull out."

The book chronicles the psychological breakdown of a Roman history scholar who suf-

fers from sleep disorder.

"I was trying to explore certain ideas of consciousness and human nature and go into certain dark spaces within the psyche that we don't normally think about that much,"

says Ricci.

Ultimately it was this "dream world" that Dekker latched onto for his composition, likening the main character's blurred visions to the creative process itself. "It's a very powerful work."

### CREATIVE SPARK

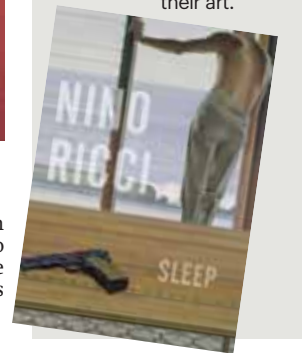
#### Influences and originality

Inspiration is a two-way street; just as Bidini is influenced by the media he consumes, so too does the media he creates influence other artists.

"That's one of the great bonus coupons that falls through the mail slot of life," he says. "None of what we do is so precious that art is completely original."

Ricci agrees. "I wouldn't be a writer if I didn't have influences," he says.

"Every artist hopes that they're doing something that's out there enough and has enough edge to it, and originality that it will influence the way other artists see the world and make their art."





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JOHANNA SCHNELLER WHAT I'M WATCHING

# Blank-eyed is not a good look

**BLOOD AND OIL: SEASON 1, EPISODE 1 (ABC/CTV)**

I'm sorry, but I do not get the appeal of Chace Crawford, alleged hunk and star of this new nighttime soap set in boomtown North Dakota.

I didn't get him on Gossip Girl, when Blair and Serena cat-fought over him, and I don't get him here, where he's playing (Significant Name Alert!) Billy Lefever, a small-town hustler with big-money dreams. The

smooth-talking, big-lying oil magnate Hap Briggs (Don Johnson) is supposed to take one look at Billy and see a protégé, a master manipulator in the making. But Crawford is so blank-eyed that I don't believe he could solve the mystery of what's in his sack lunch.

TV execs are always banging on about the importance of an actor's "likeability." But for me it's not about someone's likeability. It's about whether or

not I like to watch them exist, and Crawford doesn't make that cut. It's precisely the reason I'm addicted to Justified. I like its air of Ozark menace, but I'd watch it even if I didn't, because I — along with nearly every woman I know — am smitten with its star, inarguable hunk Timothy Olyphant, who plays U.S. Marshall Raylan Givens. I like Olyphant's forearms, his long legs, his honey-gravel voice. I like when he

takes off his hat to kiss a girl. I like the way he stands, and I like the way he sits. Sure, there are plots, and many of them are gripping. But Olyphant sits really, really well.

Sometimes that's enough. Sometimes, that's everything.

**Johanna Schneller** is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



At left, *Blood and Oil*'s alleged hunk Chace Crawford. On the right, *Justified*'s inarguable hunk Timothy Olyphant. CONTRIBUTED

**VICTORIA'S SECRET**

## Gigi Hadid makes her debut as angel

Some lit up, others were pretty — and patriotic — in pink and still more burst forth like fireworks.

Yes, Tuesday was Victoria's Secret sexpot angel time, though the masses will have to wait until 10 p.m. EST on Dec. 8 to watch the 20th annual lingerie extravaganza on CBS. This was just the taping, including musical performances by The Weeknd, Ellie Goulding and Selena Gomez, after Rihanna abruptly cancelled.

Veteran VS walkers like Lily Aldridge and Alessandra Ambrosio were joined by newbie angels, including Martha Hunt and Elsa Hosk. Kendall Jenner and Gigi Hadid were among the non-winged supermodels new to the glitzy show that generates weeks of advance buzz and will be seen in 192 countries by more than 500 million people, according to company officials.

In all, 47 models blew air kisses, flirted on stage with the camera and flipped their varied wings around as they strutted on the runway in 75 looks at a Manhattan armoury. But first, there was hair and makeup to be done and a "pink carpet" of celebrity guests to be walked. Questlove and Nick Cannon were on hand, along with a dapper member of the Mets, Matt Harvey, in a black Versace suit.

Caitlyn Jenner was among those who attended the runway show to cheer on daughter Kendall.

Hadid said backstage that she has big respect for the veteran angels and hopes to earn her own wings one day.

Brand new angel Rachel Hilbert, from Rochester, New York, was in the Pink USA squad on the runway, and was also in awe of the longtime ladies, including Brazilian beauty Adriana Lima, seated just inches away on a comfy white couch in rollers backstage.

"Uh, yeah, Adriana Lima. She's sitting right there," Hilbert smiled as all wore pink-and-white striped robes, curlers in their hair, while manicures, pedicures, spray tanning and makeup commenced. "She's such a sweetheart. Her advice was just breathe and just take it in."

So how were the nerves for the newcomers?

"Actually, surprisingly, not bad," Hadid said before the show. "I was really nervous in rehearsal."

She shared the stage later with Gomez and Goulding.

"I love both of them," said Hadid, who fell to the floor and gasped in a video of her audition, when she was told she was picked.

As for her famous curves, she prepared with the help of boxing and ballet.

"A lot of sweating and then just focusing on smaller parts because when everything's in high-def you have to not forget about the little things," Hadid said. "I've watched the show my entire life and this has been such a dream."

THE ASSOCIATED PRESS



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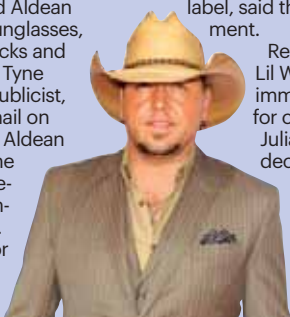
## GOSSIP BRIEFS

**Country music superstar dresses in blackface**

Country star Jason Aldean dressed as rapper Lil Wayne for Halloween, a representative confirmed after a photo surfaced of him wearing blackface makeup and a wig with dreadlocks.

The picture, first posted by the website NashvilleGabb,

com, showed Aldean dressed in sunglasses, long dreadlocks and gold jewelry. Tyne Parrish, his publicist, said in an email on Tuesday that Aldean dressed as the rapper, but refused to comment further. A publicist for Broken Bow Records, his



label, said they had no comment.

Representatives for Lil Wayne were not immediately available for comment.

Julianne Hough's decision to don blackface for Halloween to portray her favourite character from the Netflix show Orange is the

New Black sparked an uproar and drew an eventual apology from the actress, who said she never intended to hurt anyone. THE ASSOCIATED PRESS

**Priestly to be back in the saddle soon**

Jason Priestley says he's on the mend after suffering a concussion falling off a horse.

Priestley was shooting a scene for his Toronto-shot up-

coming TV series, The Code, when the accident happened Monday.

Producers say he was taken to hospital as a precaution and discharged the same day.

The former Beverly Hills, 90210 star adds on Twitter that he was advised to take a few days off but looks forward to getting back to work.

Production on The Code is expected to resume next week. Priestley plays a former

pro hockey player who uses his ability to read people in his new gig as a crime-solving private investigator. The Code is set to premiere on Global next spring. THE CANADIAN PRESS



## DISNEY

**Pirate role landed Depp in hot water**

Remember back before 2003's Pirates of the Caribbean came out and Johnny Depp was a successful and well-respected actor known for challenging indie roles? Well, apparently the role that turned the tide and made him a blockbuster movie star was almost too challenging — at least for the Disney brass in charge of Pirates, as Depp's work gave them some major pause.

"They wanted to fire me. I fully expected to be fired, and I got a call from the upper echelon at Disney who were courageous enough to ask me, 'What the f— are you doing?'" Depp tells MovieFone.

"The questions came up, 'Is (the performance) drunk? Is it gay?' All I could say was, because they set me up with a great line, I said, 'Well, don't you know all my characters are gay?' I really expected to be fired, but I wasn't for some reason. They were actually going to put subtitles under



"Don't you know all my characters are gay?" GETTY IMAGES

my character. They couldn't understand Captain Jack."

Listen, while it's great that they didn't fire him off that first Pirates film, considering the idea for the sequels wouldn't have been so bad. NED EHRRBAR/METRO HOLLYWOOD

**Conscious humblebrag: Gwyn does divorce best**

## FAMILY

**Goop founder takes credit for reimagining the breakup**

Ned Ehrbar  
Metro | Hollywood



Man, Gwyneth Paltrow will just not shut up about all this "conscious uncoupling" stuff, huh? In fact, she's pretty sure that if anyone deserves the whole "broke the Internet" title, it's her and ex-husband Chris Martin.

"When I was announcing my husband and I were separating and we were trying to follow this specific way of doing it — and the philosophy is conscious uncoupling — and we, like, broke the f—king Internet," Paltrow said during a Goop-sponsored Q&A hosted by Fast Company this week.

"It's such a hard time personally and then you have this added layer of all this criticism. Then when you look back you go, 'Well, this is actually kind of a good thing to talk back, introducing in some way.' Like, what if you could break up in a way where you remain a family even though you're not a couple?"

Good job, just don't pull anything patting yourself on the



"We, like, broke the f—ing Internet," says Paltrow. GETTY IMAGES

back there.

Paltrow also announced she is launching a lifestyle publishing line called,

of course, goop.

Paltrow's goop press will be curated in conjunction with Grand Central Life & Style, an imprint of Grand Central Publishing. The first release will be Paltrow's It's All Easy cookbook, which comes out in April. A beauty book is scheduled for next fall.

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# Ellen feeling right at Home

## RENOVATED PROPERTIES

### Talk-show host showcases her design chops in new book

Ellen DeGeneres likes homes. That much is evident if you watch her HGTV series *Ellen's Design Challenge*, where furniture-makers fight to create the coolest side table you will never use in order to win \$100,000.

DeGeneres has bought and renovated close to a dozen abodes over the last 25 years. Seven of them are represented in her coffee-table book, along with a spattering of interiors from her designer collaborators.

The talk-show host does have design chops, including an appreciation for modernists such as Jean Royère and Arne Jacobsen. As expected, even though she was born in New Orleans, the majority of the homes are reflective of modern-day L.A. living. The book showcases the perfectly-imperfect philosophy honed by the comedian.

#### Beverly Hills

DeGeneres and her wife, Portia de Rossi, bought their Beverly Hills estate after visiting the



The spaces featured in *Home* reflect Ellen DeGeneres' perfectly-imperfect philosophy. TORSTAR NEWS SERVICE



**Interior design is what I would do if I wasn't a comedian and talk-show host.**

Ellen DeGeneres

house for the first time and making their hosts an offer they didn't refuse. The main home was built in 1963 for

actor Laurence Harvey. DeGeneres then went on to significantly enlarge the estate, buying the two surrounding

properties.

The main living room has Louis XVI Bergères flanked by slipcovered sofas to create a cosy, not-too-imposing while still-very-Ellen area.

A grey Hermès Avalon blanket — something of a Beverly Hills cliché — sets off the white, grey and brown tones.

#### The Horse Ranch

DeGeneres' 26-acre horse ranch north of Los Angeles. Built by actor William Powell in the 1920s, it has been both a monastery and a rehab centre over the years. The talk-show host said she approached the task like she was "designing and decorating 10 different homes" since there were so many cab-

ins and barns on the property. This barn is used as a recreation centre, decorated with an early 20th-century American work table and a vintage wicker chair. In the centre is a French 19th-century Os de Mouton settee. Opposite the seating area is a Belgian desk that holds a 20th-century African mask.

#### Santa Barbara

If you are going to live in Santa Barbara, it might as well be in a villa — in this case, a Tuscanite-influenced beauty designed by American architect Wallace Frost. The stone home is situated on a hill filled with olive trees and overlooking the Pacific.

"It's like a glorious stone funhouse full of strange nooks and crannies and little moments of surprise," says DeGeneres.

"I think this is our forever house."

Outside DeGeneres has placed an 18th-century Belgian farm table on which sits a sculpture of a pig. Art is deftly placed everywhere, including vintage Oaxacan candle lanterns and a sculpture by Finnish artist Harry Kivijärvi to the left of the fountain.

TORSTAR NEWS SERVICE



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## + NEED TO KNOW

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**Developer:** Homes by Avi  
**Community:** Sunset Ridge (Cochrane)  
**Building type:** Townhomes  
**Sizes:** From 1,171 sq. ft. to 2,402 sq. ft.  
**Pricing:** Starting from the \$300,000s  
**Model:** Two- to three-bedroom floorplans  
**Status:** Now available for purchase  
**Contact:** 403-536-7220 or 403-536-7270  
**Email:** sunsetridge@homesbyavi.com  
**Website:** homesbyavi.com

## Project overview

For those looking for big-city vibrancy without the big city, Homes by Avi presents their Street Towns in Cochrane's flourishing Sunset Ridge community. With only 12 units left, Sunset Ridge homes are perfect for families and living life in one of those most scenic spots in Alberta.

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Each Sunset Ridge townhome has fully landscaped yards, two-car garages and a full basement ready to develop. With the luxury of condo-style living with no condo fees, these beautiful homes also feature top-of-the-line appliances and private backyards.

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There's no shortage of walking and biking trails in Cochrane, making commutes around town easy for those who love the outdoors. The intimacy of small-town living cuts driving time in half, and travellers only have 20 km down Highway 1A to reach Calgary.

## In the neighbourhood

Facing rolling foothills and the banks of the Bow River, Sunset Ridge brings homeowners back to nature with a six-acre freshwater pond and endless green space. It's already a short distance from schools and recreation centres, and a new kindergarten-to-Grade 8 school coming in 2016 makes it the perfect community for young families.

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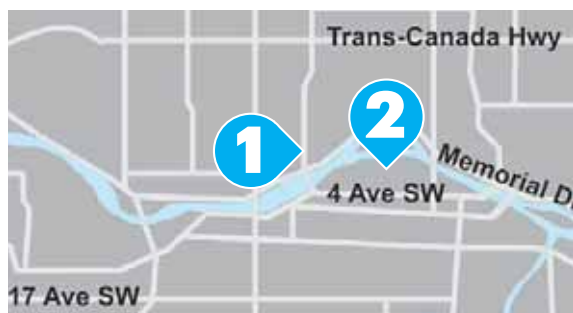
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## REAL ESTATE

# Hot on the market



ANNA BROOKS/FOR METRO

## 1 KENSINGTON

**Now selling:** Check out Kensington, the latest condo project in one of Calgary's most vibrant communities by Buccini Developments. Visit the presentation centre at 306 10 St. NW (second floor, above Midtown Kitchen) Monday to Friday from noon to 6 p.m. and weekends from noon to 5 p.m. or call 403-262-2260 for more information.

## 2 EAU CLAIRE

**Open house:** Here's an affordable option for living in the desirable Eau Claire area of Calgary. Visit an open house at Prince's Island Estates on Nov. 14 from 2 to 4 p.m. at 1202 400 Eau Claire Ave. SW.

**Correction:** Please note the address for an open house for Sarina Homes' new Amaya building was incorrect in last week's Metro. Another open house will be held Nov. 14 and 15 at the Amaya show home located at 3403 16 St. SW from noon to 4 p.m. Call 403-249-8003 for more information or to book a private viewing.

# The kitchen of the future

## TECHNOLOGY

## New tools smart, connected, can even order your groceries

**Precision, mobile cooking**  
FirstBuild, a GE lab based out of Louisville, Ky., has started pre-sales on its Paragon induction cooktop. The portable stovetop is actually a three-piece set: induction heating element, Bluetooth-enabled thermostat and app. Users insert the thermostat into their pots and pans, set the desired cooking temperature and time on the app and walk away. The thermostat monitors the temperature and the burner adjusts to keep it within one degree Fahrenheit, says Lou Lenzi, director for GE Appliances' industrial design operation. Paragon starts shipping in December for \$249 US. GE is already using the thermometer for some of its other stovetops.

### Calorie-counting pans

For people trying to reduce their calorie intake, it can be a challenge when recipes don't



**Clockwise from left, the Paragon induction cooktop, the SmartyPan and Neo wireless jars.**  
CONTRIBUTED



offer nutrition guides (or when you stray from the recipe). This was the problem New York-based nutritionist Prachi Baxi and her engineer brother tried to solve, she says. The duo created SmartyPans, with connected smartphone app, that dishes out a calorie count based on actual food added. Tell the app what you're adding (the app is voice activated) and it measures the quantity as ingredients are

dropped. The pans are currently available for presale in the U.S. for \$189 US, though Baxi hopes to have it more widely available by spring next year.

### Smarter storage

Toronto-based SKE Labs is getting set to start shipping its smart jars, Neo. The wireless jars communicate with an app, while sensors measure weight and manually entered best-

before dates track freshness. The app even suggests recipes based on what's in the pantry. As ingredients get low, they're automatically added to a shopping list (for those who frequent nearby grocery stores) or auto-ordered from online retailers (for those who opt to shop digitally). Neo (six jars for \$299), is estimated to start shipping this November.

TORSTAR NEWS SERVICE

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# Flicking and chillin'

There's only a few Friday nights left to hibernate at home before the holiday parties begin, so turn off the Tinder and treat yourself to a movie night at home. Here's a few creature comforts to get you started.

**Karl Lohnes**  
For Metro Canada



**1 Plum & Bow Cable Knit Boo Pillow**

Wrap a set of loving arms around yourself while enjoying a movie night at home. \$169, UrbanOutfitters.com

**2 Checked Crochet Blanket**

Settle in for the winter with a favourite cosy throw. \$169, ZaraHome.com

**3 The new Apple TV**

Tired of all that clicking? Watch your favourite movies with the ease of voice activation. From \$199, apple.ca

**4 Stainless Steel Faceted Copper Mug**

The ultimate sippy cup for dozing off during a movie. Add the big trend of copper and your movie night never looked so stylish. \$20, Starbucks.ca

**5 Jumbo Flip Chair**

It's a chair, an extra bed or a comfy way to watch television on the floor. \$144, Sears.ca

**6 Kettle-style Popcorn Popper**

Make up to 25 cups of popcorn for a full night of movie watching. \$120, HamiltonBeach.ca



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# Brilliant Bennett's bringing out the best in Backlund



The great part about Sam Bennett spreading his wings and flourishing as an offensive gem in the NHL is watching him take Mikael Backlund along for the ride.

While Calgary's fourth overall pick in the 2014 draft was held off the scoresheet in the loss to Florida Tuesday, he is coming off a stretch where he had eight points in six games. As he's adjusted to the speed and pace of the NHL game, Bennett is showing just how creative he can be.

Johnny Gaudreau may be the only player on Calgary to have better hands than Bennett, but I dare say Bennett has quicker hands than Johnny Hockey. That has enabled Bennett to juke around defenders and buy time for himself and his linemates in the offensive zone.

Also plain and obvious is Bennett's gifted hockey IQ. He thinks the game at a high level, anticipates well and gets involved both physically and emotionally, which isn't always the case with new-

## + STATS

Calgary is having the worst puck luck in the league. Last year the Flames were regularly in the top five. PDO is a measure of a team's shooting percentage and save percentage.

Over time, it tracks closer to 100, meaning Calgary's number (and perhaps rank) is bound to get better.

1. NY Rangers	106.39
2. Montreal	103.55
3. Ottawa	102.73
28. Buffalo	95.75
29. Carolina	95.53
30. Calgary	95.51

comers to the league.

I'm also a fan of coach Bob Hartley's deployment of Bennett in the early going, using him more often as a left winger than as a center. In part, because I think it softens the learning curve for young forwards, without having them stress too much about defensive responsibilities. And also because it gives Bennett a chance to work on a line with center Backlund.

Mikael is a responsible player whose efforts often go



**Flames' Sam Bennett controls the puck against two members of the Colorado Avalanche. His puckhandling skills have benefitted Calgary a lot in the offensive zone this season.** DOUG PENSINGER/GETTY IMAGES

unnoticed because he doesn't burn up the scoresheet. He's vigilant on the defensive size of the rink and almost always under-utilized offensively. I dare say using him between Bennett and Michael Frolik is the first extended time in

Backlund's career that he's been placed in an environment to showcase his hockey IQ and give him the best opportunity to succeed.

I'd love to think we've seen the last of Backlund between a pair of ham-and-

eggars on the fourth line. In the limited action we've seen Bennett and Backlund together, the latter is looking far more crafty than he ever has before. That's because he has linemates who can think the game on the

same plain as him. Keep that up and Backlund may yet still develop into the two-way second-line center we've all envisioned him to be. And that may make Bennett a left winger for the long haul.



**Brad Gushue as he looked on Halloween, the day after falling to the ice face-first at the Masters.** THE CANADIAN PRESS FILE

## CURLING

# Wounded and wary, Gushue back on ice

Still sporting a shiner and some puffiness above his right eye, veteran skip Brad Gushue returned to action Wednesday for the first time since a nasty fall left him with a seven-stitch cut and concussion-like symptoms.

He admitted he's not in top physical form but is still eager to compete at the National this week at General Motors Centre. His return comes less than two weeks after a face-first fall to the ice during a game at The Masters in Truro, N.S.

Gushue went down in the fourth end, got stitched up at a nearby hospital, and returned in the seventh end of a 5-2 quarter-final loss to Saskatoon's Steve Laycock on Oct. 31.

The competition high carried him through the end of the game. The symptoms kicked in a short time later.

"When I got back out on the ice and back in the lights, I felt a little bit off," Gushue said. "But it was after the game when the adrenalin went down that I knew something was off. It was my own fault. At the hospital, I was in such a rush to get back. I didn't let them do their job."

Gushue's eye was swollen shut for a few days. He underwent a CT scan and needed massage and physiotherapy to help with lingering pain. The concussion-like symptoms eventually subsided and Gushue went back to the doctor for an-



**The doctor said I was OK to play, so I'm excited.**

Brad Gushue

other round of tests Monday just to be sure. He decided to make the trip after being given the all-clear.

"I wouldn't say I'm 100 per cent, but I'm definitely good enough to play," he said. "The doctor said I was OK to play so I'm excited to be here and put that (fall) in the past."

The fall brought the issue of concussions and head protec-

tion in curling into the spotlight. Helmets can be a common sight at the recreational level but are not used by elite curlers.

"There is a bigger chance of slipping and falling walking to your car in the middle of winter than there is for elite-level curlers out on the ice," Gushue said. "It's such a rarity. The fact that I did it on national television and cut myself and there was blood involved and all that stuff, it kind of made it a big deal out of not a big deal."

Curling Canada is in the process of developing a concussion protocol. It's slated to be presented at the organization's annual meetings next summer.

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## IN BRIEF

### Penguins edge Canadiens thanks to Crosby and co.

Sidney Crosby and David Perron scored in the shoot-out to help the Pittsburgh Penguins defeat the Montreal Canadiens 4-3 on Wednesday night.

Marc-Andre Fleury stopped Alex Galchenyuk and David Desharnais in the tiebreaker after the Penguins pulled even at 3 on Patric Hornqvist's goal with 6:25 remaining in the third period. Pascal Dupuis and Olli Maatta also scored for the Penguins.

Brendan Gallagher, Brian Flynn and Andrei Markov scored for the Canadiens.

THE ASSOCIATED PRESS



# Humphries at odds with federation

## BOBSLEIGH

## Olympian says BCS blocking four-man bid

Tension is building between Olympic women's bobsleigh champion Kaillie Humphries and her sport's federation.

Humphries wants to pilot four-man sleds on the World Cup circuit in addition to her

women's races. The Calgarian says Bobsleigh Canada Skeleton will not let her.

"I've never been in a situation where my goals and dreams have not aligned with Bobsleigh Canada's," Humphries said Wednesday. "It's an extremely difficult situation for me currently at the moment."

Humphries and Elana Meyers Taylor of the United States were the first women to pilot male crews on the World Cup circuit

last season. The world governing body of the sport, the FIBT, ruled prior to the start of last season that four-man bobsleighs would be "gender neutral."

The move opened the door for the eventual inclusion of a four-woman bobsleigh event in the world championships and Winter Olympics.

Women's bobsleigh was introduced as an Olympic sport in 2002 as a two-person event, while the men continued to race two-

man and four-man sleds. Humphries lobbied hard for the door to open for her and other women in the four-man sled. She feels like her own federation is closing it on her again.

Canada has two international quota berths in four-man this season, and the FIBT took the unusual step of awarding a third to Canada specifically for Humphries.

But BCS has its own qualification standards that are more

stringent than the FIBT's.

Athletes must achieve a certain push time in the ice house before World Cup selection races. Humphries piloted a four-man sled that finished third in selection races behind Justin Kripps and Chris Spring.

But there were not enough brakemen meeting BCS's push standards to fill two sleds, let alone a third, according to BCS president Sarah Storey.

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**Kaillie Humphries** JEFF MCINTOSH/THE CANADIAN PRESS



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## WADA REPORT

## Putin orders probe into doping claims

Russian President Vladimir Putin has ordered an investigation into allegations of widespread doping among the country's sports figures.

The president called for the investigation in a late-night meeting Wednesday with the heads of Russia's sports federations.

The meeting comes in the wake of Monday's report by a commission of the World Anti-Doping Agency that said Russian sports is plagued by extensive, state-sanctioned doping.

The allegations have raised the prospect of Russia's track and field ath-

letes being denied participation in next year's Olympics in Rio de Janeiro.

Putin ordered Sports Minister Vitaly Mutko and "all colleagues connected with sport" to pay close attention to the doping allegations and for an internal investigation to be conducted

— guaranteeing full cooperation with international anti-doping bodies.

Earlier on Wednesday Russia's sports minister said the country can deal with alleged widespread doping problems on its own.

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**Russian President Vladimir Putin**  
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## RECIPE Lemon Linguini



PHOTO: MAMA VISIONE

**Ceri Marsh & Laura Keogh**  
For Metro Canada



• Salt and pepper to taste

### Directions

1. Cook pasta according to the package instructions. Meanwhile, whisk together the lemon juice and zest, oil and 1 1/2 cups of the cheese. Don't worry if it's gloopy.
2. Scoop out 1/2 cup of the pasta cooking water and set it aside, then drain the noodles. Put the pasta back in the cooking pot. Pour the lemon mixture over the pasta and toss well until all the noodles are coated. Add a splash of your reserved pasta water if you need to loosen up the dish. Add the basil and toss. Season with salt and pepper to taste and serve.

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### Ready in

Prep time: 10 minutes  
Cook time: 10 minutes

### Serves 4

### Ingredients

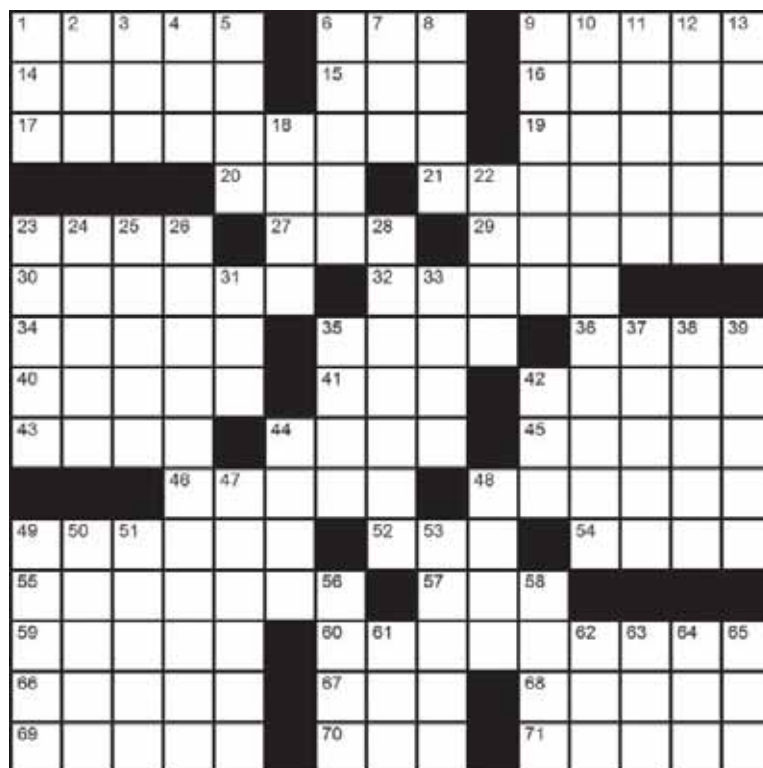
- 500 g package of linguini or spaghetti
- Juice of 2 lemons
- 1 Tbsp of lemon zest
- 6 Tbsp olive oil
- 2 cups grated Parmesan cheese
- Handful of basil, washed and sliced into strips

## CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

### ACROSS

1. "The Wonder \_"
6. Gladiator's 102
9. Canyon opening
14. Bird-related
15. Journalist Ms. Curry
16. Game with a jackpot
17. New album by Canadian rap star Kardinal Offishall: ' \_ \_ Vol. 1: The Clash'
19. Group of eight
20. The \_ (Manitoba's cap.)
21. Deliverer's deliverer
23. Surrounded by
27. Bon \_ (Clever remark)
29. " \_ the car?" (Shopper's parking lot query)
30. De-peeling devices
32. Bill \_ & His Comets
34. Examine
35. Current affairs
36. Umbrella blower-awayer
40. Charles M. Schulz drawn character
41. Battery size
42. Wedding \_ (Keepsake of the big day)
43. The \_ Coast
44. Tiny, \_-bitty
45. Avoid
46. One with a pad and paper
48. Chop, as a butcher
49. Tiered temple
52. Blue- \_ (Soothing cream on TV commercials)



54. Toboggan
55. Lines between brows, as dubbed in the world of Botox injections
57. Dinner tidbit
59. Comic actor Tim
60. 1605-established French settlement

- in Nova Scotia
66. Canadian rebel Louis, and surnamesakes
67. \_ date (Food label info)
68. Recipe's oil source, perhaps
69. Dita Von \_ (Queen of Burlesque)

70. Play- \_
71. Precept

### DOWN

1. Tibetan ox
2. Supermodel Ms. Herzigova
3. Ventilate
4. "Way cool."
5. Crop
6. Nautical haulage
7. "Barefoot Contessa" chef Ms. Garten
8. Police dept. rank
9. Bell: French
10. W Network docu-series: 2 wds.
11. Fragrant oil from flowers

12. Phase
13. Styles
18. Tiara twinklers
22. Shoemaker's tools
23. Fab Four created label
24. "West Side Story" (1961) role
25. Actor Jeremy
26. First big releases by writers, for example: 2 wds.
28. Dramatist's realm
31. Hi- \_ graphics
33. On the road
35. Decorator on TV Mr. Berkus
37. Model of perfection
38. Chutzpah
39. Spoiled, \_ on
42. \_-d'Or, Quebec
44. "I'd consider \_ honour..."
47. Danish writer Hans Christian Andersen's birthplace
48. Terse
49. Neil \_ (Rush band member)
50. "Kate & \_" ('80s sitcom)
51. Jelly: French
53. Change shape
56. Hotfooted it
58. Gait at the stables
61. Cubed food flavouring brand
62. " \_ Buttermilk Sky" by Hoagy Carmichael
63. Yang's counterpart
64. " \_ Maria"
65. Tennis call

## ★ IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20  
You will have to confront your feelings about someone you deal with on a daily basis. You may not like them much but in some way your fates are linked, so do what you can to keep things friendly.

**Taurus** April 21 - May 21  
Slow down. You have been pushing yourself extremely hard and, yes, you have accomplished a lot. But after every period of exertion must come a period of rest, so take a break!

**Gemini** May 22 - June 21  
Feelings of self-doubt that have been holding you back are sure to be swept away today, tomorrow and this weekend. Get over your fear of losing and great things will come.

**Cancer** June 22 - July 23  
A loved one or relative has been a real pain recently but you have an obligation to help them, even when their troubles are self-inflicted. You will be called on to make even more sacrifices over the next few days. Do so willingly.

**Leo** July 24 - Aug. 23  
The line between helping a friend and interfering in their personal affairs may at times be difficult to judge but if someone you know needs assistance today you must ride to their rescue.

**Virgo** Aug. 24 - Sept. 23  
No matter how well things are going financially don't take chances with what you own and earn.

**Libra** Sept. 24 - Oct. 23  
Mars moving into your sign today means it is time to get active. Knuckle down, work hard and start getting ahead in whatever field you wish to make your mark.

**Scorpio** Oct. 24 - Nov. 22  
If you need assistance, ask for it. If you pretend that nothing is wrong others will assume that you are on top of things and will not help.

**Sagittarius** Nov. 23 - Dec. 21  
You need a challenge and you are about to get it. Most likely it will be the kind of challenge that you cannot handle on your own, so it will encourage you to seek help from like-minded people. You cannot be self-sufficient all the time.

**Capricorn** Dec. 22 - Jan. 20  
There are times when you have to roll up your sleeves and get involved. Mars moving into the career area of your chart means you will get the chance to impress important people. Don't waste it.

**Aquarius** Jan. 21 - Feb. 19  
Don't limit your imagination. If you can dream it you can be it with Mars in Libra between now and the end of the year.

**Pisces** Feb. 20 - March 20  
You cannot turn back the clock and change the past but you can learn from your experiences. Also, promise yourself that both now and in the future you won't let so many great opportunities go begging.

### CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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